

From: Janelle Farmer
To: CPHCE all staff; CPHCE PhDs & Students; CPHCE Conjoint & Adjuncts; CPHCE Collaborators; CPHCE Advisory Group; CPHCE Steering Committee; CPHCE-Friends; UNSW Social Media Community; MED.SPHCM Research
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CPHCE Bi-monthly Newsletter

September – October 2023



Highlights

- **The CPHCE Annual Forum 2023 was successfully held on 31st October 2023 at the John Scientia Building, UNSW**
Emeritus Professor Mark Harris presented the 'Ian Webster' Oration. CPHCE team Cathy O'Callaghan, Jane Taggart & Catherine Spooner also presented around the theme of 'Primary Health Care'. A plenary discussion, chaired by Professor Michael Kidd, Centre for Future Health Services, focused on the ongoing challenges and opportunities in primary health care research and development. CPHCE Partnership Awards were also presented by Professor Michael Kidd to Maria Beer, Muslim Women Australia, Christine Walker, Malabar Medical Centre and Emeritus Professor Mark Harris.

The recordings of CPHCE Annual Forum 2023 on UNSW YouTube Channel are available via these links:

1. [2023 CPHCE Annual Forum Part 1](#)
2. [2023 CPHCE Annual Forum Part 2](#)
3. [2023 CPHCE Annual Forum Part 3](#)





- **Emeritus Professor Mark Harris's Retirement event will be held on 7th December at 4-6pm at the UNSW CBD Campus.** Please rsvp via this [link](#) if you are interested in attending.
- **CPHCE Annual Report 2022** has been published and is available on our website. Highlights in the report includes: Community Health Navigators Extending Care in the Community Study funded by NHMRC began recruitment in 2022; Shisha No Thanks' Team won 2022 UNSW Faculty of Medicine & Health Research Community Engagement Team Award; Kathryn Thorburn (PhD Scientia candidate) was recognised among 50 women activists and reformers in mental health in NSW; Esther Alloun (HERDU Research Fellow) was awarded the Professor Jim Hagan Memorial Prize for the best PhD thesis in Humanities and Social Inquiry in 2022; CPHCE's 20-year involvement on research in disadvantaged communities in Miller in South Western Sydney, continued with a fifth round of the household survey, which commenced late in the year.
- **Major research grant to extend physical health care for people living with mental illness.** Mindgardens Neuroscience Network, led by Professor Jackie Curtis, secured a pioneering grant from the National Health & Medical Research Council for a five-year trial creating the Integrated Peer-supported Physical Health Service (IPPHS) for people with severe mental illness. Targeting prevalent cardiovascular and metabolic issues, notably linked to mental health medication, the \$2.997 million trial will employ peer workers, GPs, and nurse practitioners. The program, operational in Sydney and Tasmania, aims to streamline physical health care, considering patients' experiences and eliminating common barriers. Professor Curtis highlighted the potential for a national program, emphasizing the involvement of consumers and families in research and innovation. Emeritus Professor Mark Harris and Dr Peri O'Shea from CPHCE will seat as chief investigators in this project.
- **Dr Aryati Yashadhana was awarded \$2.9 million in MRFF grant** for Gaawaadhi Gadudha, a trial and evaluation of an Aboriginal cultural health and traditional healing program that will be developed under the leadership of Yuwaalaraay, Gamilaraay, and Yuin-Djiringanj cultural knowledge holders. She undertaking the research at the School of Population Health. Please see story from [UNSW media](#).

People

- **Joel Keep – Research Assistant, SHARed Study**

Joel recently joined the Shared Health Arrangements Research and Development (SHARed) study as a research officer. He also works as a research assistant to Assoc Prof Dr. David Heslop, course convenor of the security stream of the Master of Public Health. His current clinical work as a registered nurse is in primary care.

Ratu Marika Uluinadawa Lewanavanua is currently working with Cathy O'Callaghan at HERDU (Tuesdays) and the CPHCE (Wednesdays) on Equity Fest events and Community Health Navigator projects. He is on an intern placement until the end of the year as part of his Masters of Global Health/Health Leadership degree.

Joy Wang is a PhD candidate from the University of Hong Kong who is visiting UNSW as a Research Practitioner working at the supervised by A/Prof Joel Rhee and A/Prof Margo Barr. She is analysing the 45 and Up Study data to examine and the association between advanced care planning and psychological distress.

Jinhee Kim has been awarded for her PhD degree. The title of her thesis is '[Paradigms, clusters and traditions on urban health - Articulating diverse ontological perspectives to urban health research and policymaking](#)'.

Communication

- We are progressing with our program of research in the Murrumbidgee area. We have had several meetings with Murrumbidgee Local Health District (MLHD), Murrumbidgee Primary Health Network (MPHN), and the Clinical school staff. Margo Barr, Mark Harris, Joel Rhee and An Tran visited Wagga Wagga from 6th - 8th September to continue to explore possible research collaborations in integrated care, community health worker, sharing data resources for evaluation and refugee health. Mark Harris presented at the MLHD District Leaders Forum. Meetings were also held with the MLHD, MPHN, local GPs and the Clinical School staff.



1. Mark Harris presenting at MLHD District Leaders Forum on Wednesday 6th September.
2. An Tran, Margo Barr, Joel Rhee, Mark Harris with Barbara Taylor at the event.

- At this year's South Western Sydney Local Health District (SWSLHD) Health Beyond Research & Innovation Showcase on 4th - 8th September, Andrew Reid from CHETRE took part and successfully delivered the following presentations:



- A number of CPHCE staff presented at the Australian Public Health Conference 2023 on 26th -28th September in Hobart. Chris Standen presented on 'Does transport-related physical activity displace other physical activity?', Penny Finlay presented on behalf of Marilyn Wise on 'Working together: collaboration for health', and Esther Alloun presented on 'Equity infrastructure: understanding a local health service's equity-focussed response to a crisis' and also 'Investing in community based peer educators- engaging, enabling and influencing' which has also been selected as an Award finalist in the category of Advocacy and Leadership.

Jinhee Kim also presented 'Urban health policy ideas in planning Sydney's Western Parkland City' at the Australian Public Health Conference 2023 in Hobart.



Event

- Mark Harris delivered the Charles Bridges-Webb Oration at RACGP's member event on 27th September.



- **Chris Standen presented at People & Place Cluster online series on the topic of 'Planning towns and cities for health instead of for speed' on Monday 23 Oct at 3-4:30pm.**

In this presentation, Chris explained how, over the last Century, travel speed has been the overriding objective of urban transport/urban planning and traffic engineering. His talk outlined some of the negative health, equity, environmental and economic consequences of this approach, as well as a research agenda for changing the focus of urban planning practice and teaching – away from speed and toward health and wellbeing.

Publications

- [Promotion health and wellbeing at health precincts: A rapid review of four built environment audit tools for assessing health precincts.](#)
By Edgar Liu, Andrew Reid, Evelyn de Leeuw
- [OPINION Fewer of us are cycling – here's how we can reverse the decline](#)
By Perter McCue
- [Planning laws protect people: A poorly regulated rush to boost housing supply will cost us all](#)
By Patrick Harris and Edgar Liu
- [Barriers and facilitators to the participation and engagement of primary care in shared-care arrangements with community mental health services for preventive care of people with serious mental illness: a scoping review](#)
By Sharon Parker, Catherine Spooner, Mark Harris & more
- [Health behaviours associated with healthy body composition among Aboriginal adolescents in Australia in the 'Next Generation' Youth Well-being study'](#)
By Aryati Yashadhana & more

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