Researchers at UNSW are conducting a project which evaluates the comfort of gel lubricants in contact lens wearers who experience discomfort with their contact lenses. The study will involve the application of a gel lubricant, once per night for five consecutive nights, and sleeping overnight at the research facility. Eligible participants will be randomly assigned to receive a dissolvable gel lubricant or a commercially available lubricating gel for the duration of the study.

Would the research study be a good fit for me?
The study might be a good fit for you if you:

- Are at least 18 years of age and willing and able to sleep overnight at the research facility for five consecutive nights, follow instructions, and maintain the appointment schedule.
- Habitually wear daily disposable soft contact lenses in both eyes for a minimum of 5 days per week and 6 hours per day during the past 4 months and anticipate being able to wear them for at least 12 hours per day, during the study, even if you need to use rewetting drops to assist them.
- Have a pair of spectacles for distance vision correction.
- Are not pregnant or breastfeeding.
- Do not have any known active eye disease and/or infection.
- Have not undergone refractive error surgery.
- No known allergy to Systane eye drops.

What would happen if I took part in the research study?
If you decide to take part and are eligible for the study, you will be asked to complete the following:

- Attend the study facilities to be screened for eligibility. Then, attend for five consecutive nights and sleep at the facility (e.g. starting Sunday night through to Friday morning, or Monday night through to Saturday morning) after applying the lubricating gel to both eyes.
- Assessments of your eyes will be performed before and shortly after application of the gel, and also when you wake up the following morning.
- After the morning assessments are complete, you will insert your habitual contact lenses and may leave the study facility to continue your daily routine.
- You will be asked to fill out questionnaires at various time points throughout the day asking about how your eyes feel at that time.

Will I be paid to take part in the research study?
Participants will be reimbursed for their participation by means of Coles Myer group gift cards. You will be reimbursed for your travel and time for each visit you attend at the University up to the amount of $600 in total for completing the study. Breakfast will be provided in the morning for overnight visits.

Who do I contact if I want more information or want to take part in the study?
Please contact the following person via email or phone to register your interest in taking part in the research, or if you have any questions about the research:

<table>
<thead>
<tr>
<th>Name</th>
<th>Dr Jacqueline Tan-Showyin</th>
</tr>
</thead>
<tbody>
<tr>
<td>Position</td>
<td>Director, Eye Research Group</td>
</tr>
<tr>
<td>Telephone</td>
<td>02 9385 6700</td>
</tr>
<tr>
<td>Email</td>
<td><a href="mailto:eyeresearch@unsw.edu.au">eyeresearch@unsw.edu.au</a></td>
</tr>
</tbody>
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