

Making Places for People
Planning to support health and well-being

Susan Thompson

Inaugural Professorial Lecture UNSW
20 August 2015



- Key shapers of me
- Major themes in my work
- Reflections on place futures
- Some thank yous









AND GLADLY TECHE





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HAIR CUT \$10
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-LƯƠN TÓC
PERM \$30
電髮
-NHUỘM TÓC
COLOUR \$30
染髮
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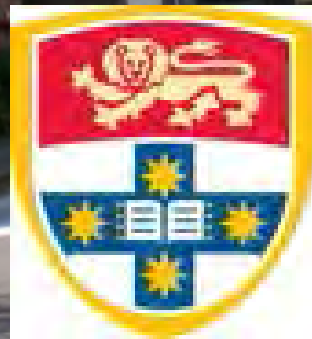












THE UNIVERSITY OF
SYDNEY

Meanings of Home









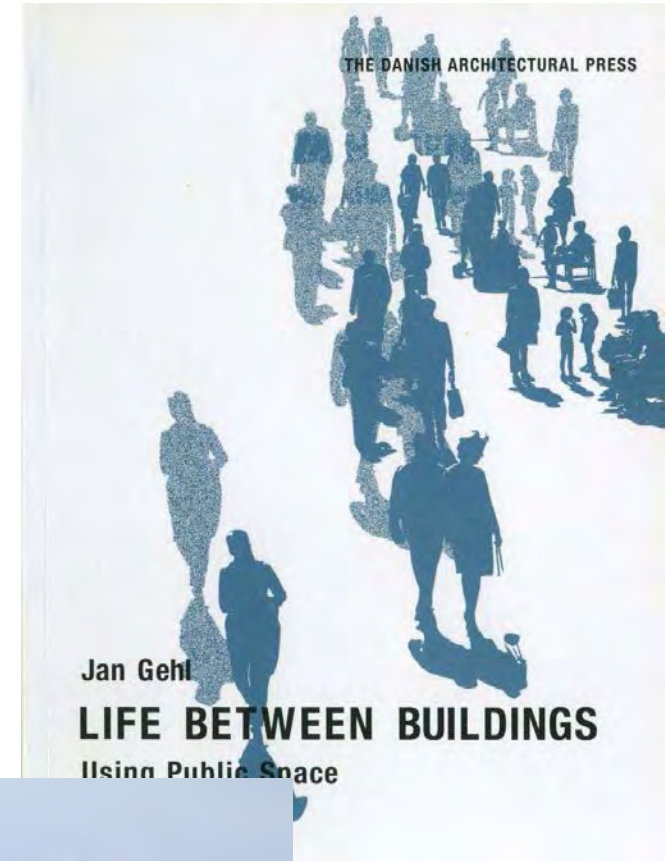
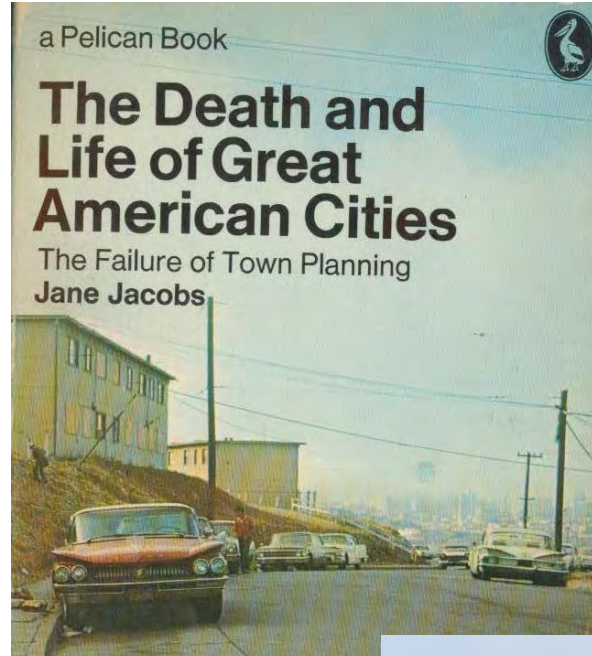
THE CHANCELLORS COURT





Observing people in places

- William Whyte
- Jan Gehl
- Jane Jacobs



Increasing evidence linking built environment to health



Healthy Built Environments: A review of the literature

Proposes three 'domains' of built environment influence on health

These domains are where planning can have the most impact in supporting health and addressing risk factors for chronic disease

Major outcome of the HBEP – led by Dr. Jennifer Kent



























FR 1







 Fußgänger

Fahrräder 

Zugang mit Fahrrad

Tageskarte











CAR SHARE



RIVE

KAPITÄTSGEHEIR KAPITÄTSGEHEIR
10. BIS 18.04.2015

100% Ökostrom laden

Hier schlägt das Herz
der Elektromobilität.

**Green
eMotion**

GRÜNDUNG
HOLZ & KUNST
MIET
MICH!

ZERO_g CO₂/km

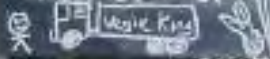
**schau fenster
elektromobilität**
Eine Initiative der Bundesregierung

multicity
CITROËN





The Sydney Morning Herald



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Heimatküchler I
Brombeeren D
sehr gut
Schale 9.50

Heimatküchler I
Brombeeren D
sehr gut
Schale 2.50





1803

CASHIERS

BAGE

ARUGULA

KALE

RAPHAEL

COLLARDS

Rhubarb

NOBLE'S
FARM FRESH
PRODUCE



BEETS
\$3.00/BUCH

CARROTS
\$3.00/BUCH

Retention of prime agricultural land

Retain viable agricultural lands close to population centres to ensure a nearby healthy source of food







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Sharing SYDNEY HARBOUR ACCESS PROGRAM

The project was funded by the Sharing Sydney Harbour Access Program (SSHAP). The Sydney Harbour Foreshore Authority, NSW Maritime Authority and the Department of Planning are the SSHAP funding partners who share the vision to improve public access to, and enhance the recreational enjoyment of Sydney Harbour and its tributaries for the people of Sydney and visitors to the city.



















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Monday to Friday
8.30am Morning Prayer
12.30pm Lunchtime Eucharist
5.15pm Choral Evensong or Evening Prayer

Saturday
8.30am Morning Prayer
12.30pm Lunchtime Eucharist
3.30pm Choral Evensong

Sunday
7.45am Morning Prayer
8.00am Eucharist
10.00am Cathedral Eucharist
3.30pm Choral Evensong (with sermon)
or Evening Prayer

THE CHURCH
OF ENGLAND

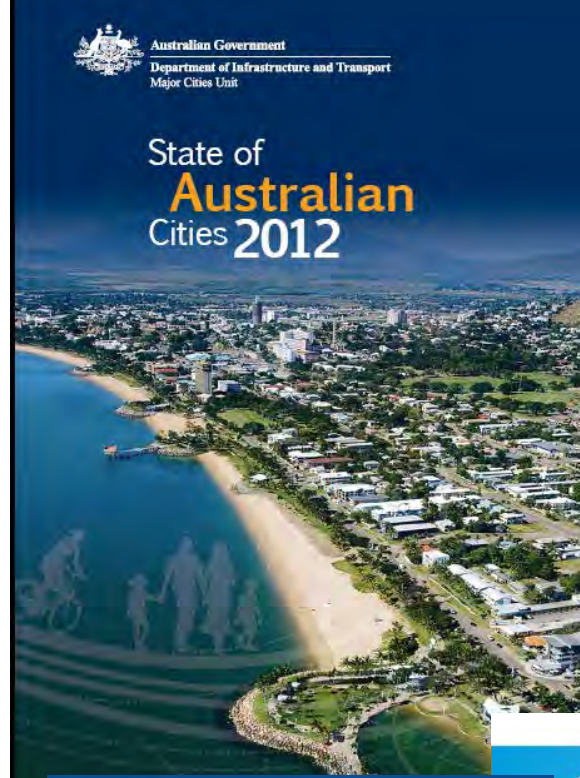
الكنيسة
الانجليكانية











Federal Policy 2010-13

Health – an
important
component of the
liveability of
Australian cities

Our Cities, Our Future

A national urban policy for a productive,
sustainable and liveable future





Healthy by Design: a planners' guide to environments for active living



Healthy by Design SA

A guide to planning, designing and developing healthy urban environments in South Australia



Heart Foundation

Healthy by Design[®]

A guide to planning and designing environments for active living in Tasmania



NSW Healthy Eating and Active Living Strategy:

Preventing overweight and obesity
in New South Wales 2013-2018



Environments to support healthy eating and active living

Strategic Direction 1

Initiatives to create healthy food and healthy built environments are key components of a comprehensive approach to support healthy eating and active living.

The food environment refers to what foods are available (via the local food supply and in food service and retail outlets), how much they cost, and how they are marketed. It affects the types and amount of foods consumed. Access to affordable, healthy food and limited access to energy-dense, nutrient-poor foods are prerequisites for healthy eating.

Food marketing targeted to children generally promotes energy-dense, nutrient-poor foods and takes advantage of children's vulnerability to persuasive messages. There is widespread recognition of the negative impact this has on

The built environment comprises physical design, patterns of land use, and the transport system; each influencing access to opportunities to be physically active for adults and children. Strategies in the built environment that are important for physical activity include those that:

- Facilitate and encourage walking, reduced traffic speed and volume;
- Promote access to recreation facilities;
- Incorporate mixed land use;
- Provide open and green space;
- Incorporate proximity to key destinations; and
- Increase density and diversity of housing.

Perceptions of safety are also important. Active



Planning &
Environment

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A STRONG GLOBAL CITY
A GREAT PLACE TO LIVE

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NSW 'New Planner' Healthy Built Environments Column Since 2010

Healthy Built Environments

Healthy Built Environments: The Politics of Bringing Health into Planning



Susan Thompson FPIA, Professor in Planning and Associate Director (Healthy Built Environments), City Futures Research Centre, UNSW

Peter McCue, Executive Officer, NSW Premier's Council for Active Living (PCAL)

Including health within planning requires political and key decision maker support at the highest levels. Building a legislative mandate for

built environment approach in their commercial and residential developments.

Both formal and informal opportunities



Heart Foundation with funding from the Australian Government's Department of Health and Ageing, is an informative resource for planners. It signals a renewed national professional interest in health and the built environment.

And now this year, we are delighted to announce that the NSW Healthy Built Environments Program (HBEP) has been established in the Faculty of the Built Environment at UNSW (<http://www.bbe.unsw.edu.au/chbep>).

With funding from the NSW Department of Health, this new Program will foster interdisciplinary research, deliver innovative education and workforce development, and provide leadership on health and the built environment. The Program will contribute to the development of policy relevant research that can be used to advocate for the creation of environments that support people being healthy in their everyday lives.

The Healthy Built Environments column in New Planner will keep NSW planners up-to-date with the latest information coming out of the HBEP. In responding to contemporary human health challenges, there is a pressing need to revitalise the relationship between the planning and health professions. Planners are well placed to respond positively and pro-actively, in ways that showcase the profession's ability to conceptualise strategically and holistically, as well as its understandings of the spatial needs of diverse communities.

We look forward to sharing ideas and experiences in healthy planning.

Associate Professor Susan Thompson, Director and Professor Anthony Capon, physician, co-direct the NSW

gardening clubs, and recycling and sustainability groups.

Planning policies based on new urban design – with increased densities and mixed uses – may support social interaction. The research suggests, however, that these interactions will not occur without adequate provision to protect individual privacy. This evidence should inform policy and design guidance. Further, such policies should be accompanied by socially oriented programs, including the facilitation of community groups, staging of community events, and even the support of building codes relating to help ensure safety in the establishment phase.

Finally, the issue of safety should be recognised as the foundation of healthy spaces that connect and strengthen communities. Policies that involve community members in their development and design. Crime Prevention through Environmental Design (CPTED) guidelines should be pursued. The research evidence highlights the benefits of integrating crime prevention with other healthy built environment policies.

Associate Professor Susan Thompson and Professor Anthony Capon direct the Healthy Built Environments Program in the City Futures Research Centre at the University of New South Wales (<http://www.bbe.unsw.edu.au/chbep>). The Program receives funding from the NSW Department of Health.



Community gardens are an important tool to connect communities, as well as providing a means of other health benefits.



review

community

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New South Wales Division

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Planning Australia

2ND EDITION

AN OVERVIEW
OF URBAN AND
REGIONAL
PLANNING

Edited by
Susan Thompson
and Paul J. Maginn



MAKING HEALTHY PLACES

Designing and Building for Health,
Well-being, and Sustainability

Edited by Andrew L. Dannenberg, Howard Franklin, and Richard J. Jackson

ROUTLEDGE

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HANDBOOKS



The Routledge Handbook of Planning for Health and Well-Being

Edited by Hugh Barton, Susan Thompson,
Sarah Burgess and Marcus Grant













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RIP ELM 10/4/15



















Image Source: Sydney Morning Herald – Sydney Symphony Orchestra







