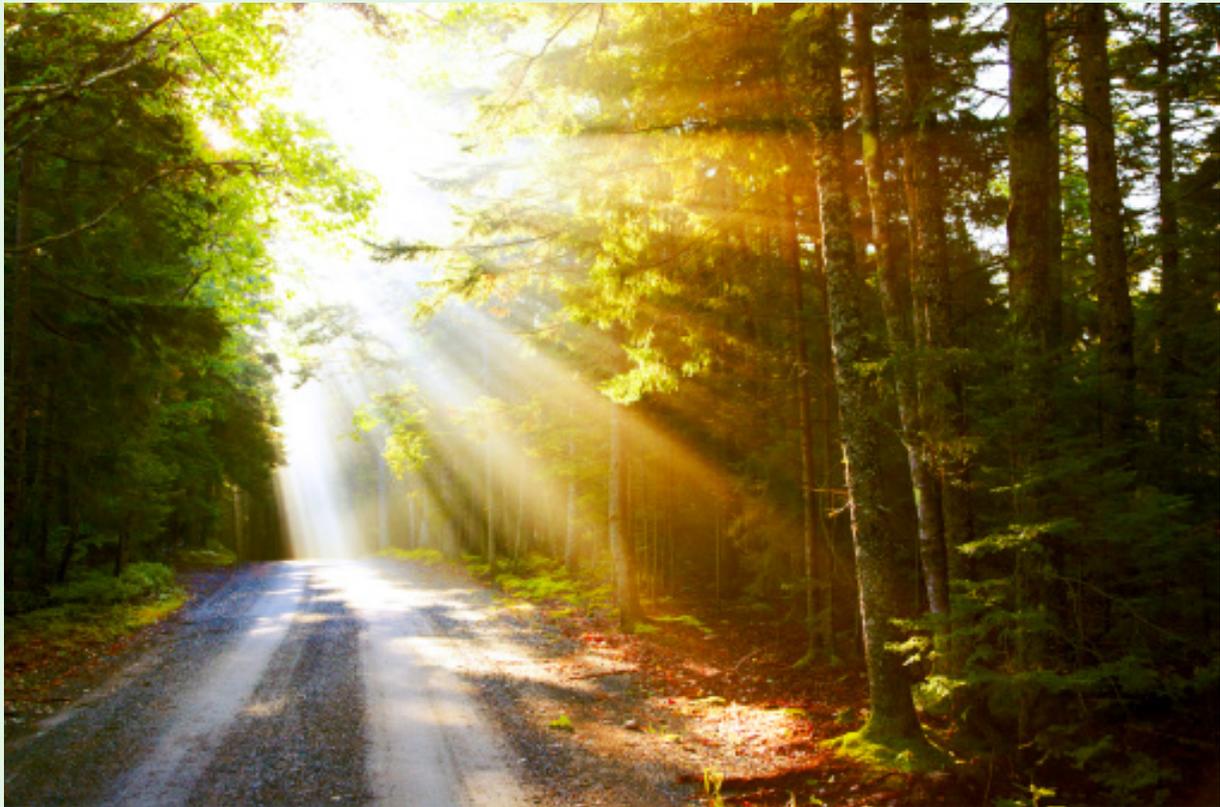


SOCF5108

Therapeutic Contexts and Relationships

Term 1, 2022



Course Overview

Staff Contact Details

Convenors

Name	Email	Availability	Location	Phone
Jane Mowll	j.mowll@unsw.edu.au	by appointment	MB 156	02 9065 7040

Lecturers

Name	Email	Availability	Location	Phone
Kerrie James	kerrie.james@unsw.edu.au	by appointment	134 Morven Brown UNSW	
Maureen MacGinley	maureen.macginley@unsw.edu.au	by appointment	134 Morven Brown	

School Contact Information

School of Social Sciences

Room 159

Morven Brown C20

email: soss@unsw.edu.au

phone: 02 9385 1807

Acknowledgement of Country

UNSW Arts, Design and Architecture Kensington and Paddington campuses are built on Aboriginal Lands. We pay our respects to the Bidjigal and Gadigal peoples who are the Custodians of these lands. We acknowledge the Aboriginal and Torres Strait Islander peoples, the First Australians, whose lands, winds and waters we all now share, and pay respect to their unique values, and their continuing and enduring cultures which deepen and enrich the life of our nation and communities.



Image courtesy of the Office of the Pro Vice-Chancellor Indigenous [UNSW's Indigenous strategy](#)

Course Details

Units of Credit 6

Summary of the Course

This first course of the Master of Counselling Social Work program will introduce you to the parameters of context and relationship in counselling and consider the generic social work orientation to clients' strengths and resilience. You will examine the importance of the specificity of contexts of therapy and contextual and power issues in therapeutic relationships. You will also develop the capacity for cultural and diversity responsiveness in the context of contemporary social work counselling practice. You will also engage with issues in your own practice of use of self, engagement, empathy, containment, and boundaries.

Course Learning Outcomes

1. Demonstrate awareness of a use of self in counselling.
2. Explain the effects of contextual issues in the therapeutic relationship
3. Identify and explore issues of engagement, empathy, containment, and boundaries within the counsellor-client relationship
4. Develop self reflexive practices with awareness of social and cultural diversity within the counselling relationship

Teaching Strategies

The teaching strategies selected in this course aim to engage you with course material and assist you to integrate new knowledge and skills into your clinical practice. This is achieved through discussion of readings, case analyses and discussion of case vignettes, exercises and role-play practice, as well as reflection and critical analysis of counselling practice demonstrated in excerpts (video/ online) of counselling sessions.

Assessment

Assessment task	Weight	Due Date	Course Learning Outcomes Assessed
1. Reflection essay	40%	14/3/2022	1, 4
2. Research essay	60%	26/4/2020	2, 3

Assessment 1: Reflection essay

Assessment length: 1500

Due date: 14/3/2022

Students will submit a critical reflection piece (max. 1500 words) on a on a topic relevant to the course material.

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Assessment 2: Research essay

Assessment length: 2,500

Due date: 26/4/2020

Students will submit a research essay (max. 2500 words) on a topic relevant to the course material.

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

This is the final assessment for this course.

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Additional details

Please see the course Moodle page for additional information on all assessment tasks.

Attendance Requirements

In order to meet the learning outcomes for MCSW courses, active participation and attendance in all learning tasks, activities, readings, and classes is required. As per UNSW attendance advice "*high attendance correlates with better engagement and success on a course. By punctually attending and actively participating in your classes you not only increase your own opportunities for success, but you also help build a learning community with other students.*" <https://www.student.unsw.edu.au/attendance>

You are responsible for keeping track of your attendance and contacting your course convenor Jane Mowll immediately if you are unwell, experience unforeseen circumstances, or are concerned in any other way about your attendance record and its impact on your ability to complete your course successfully.

Please note, if you have any COVID-19 / Omicron related concerns about attending in person at intensives, including travel or other concerns, you should contact the course convenor Dr Jane Mowll j.mowll@unsw.edu.au to discuss as soon as possible prior to the intensive and if necessary, may apply in writing to attend online. On remote attendance for intensives being approved a Zoom link will be provided to you. Please do not share the Zoom link with other students.

Course Schedule

[View class timetable](#)

Timetable

Date	Type	Content
O Week: 7 February - 13 January	Online Activity	Completion of pre-term tasks (see Moodle). Welcome, introduction and orientation to the course.
Week 1: 14 February - 18 February	Online Activity	Readings and online activities: see Moodle Online lecture Topic: Counselling in Social Work practice, common factors, and resilience
Week 2: 21 February - 25 February	Topic	The good enough therapeutic relationship, empathic connection, and containment Context, cultural positioning, and use of self Readings and online activities: see Moodle INTENSIVE Saturday 26th February
Week 3: 28 February - 4 March	Online Activity	Readings and online activities: see Moodle
Week 4: 7 March - 11 March	Topic	Boundaries, authenticity, and self-disclosure Readings and online activities: see Moodle

		ZOOM Seminar Wednesday 9th March from 5.30 PM
Week 5: 14 March - 18 March	Online Activity	Readings and online activities: see Moodle
Week 6: 21 March - 25 March	Topic	Holding a therapeutic position Psychotherapeutic ideas Contexts of practice- single session work Readings and online activities: see Moodle INTENSIVES: Friday 25th / Saturday 26th
Week 7: 28 March - 1 April	Online Activity	Readings and online activities: see Moodle
Week 8: 4 April - 8 April	Online Activity	ZOOM Seminar 6th April from 5.30 PM
Week 9: 11 April - 15 April	Online Activity	Topic: Counselling Practice and Theory Recorded lecture Readings and online activities: see Moodle
Week 10: 18 April - 22 April	Topic	Topic: Consolidation, review and evaluation ZOOM seminar Wednesday 20th April from 5.30 PM

Resources

Prescribed Resources

Computer / technical Requirements

Moodle is the Learning Management System used at UNSW. All courses have a Moodle site which will become available to students at least one week before the start of semester. Please find all help and documentation at the Moodle Support page.

UNSW Moodle supports the following web browsers:

- Google Chrome 50+
- Safari 10+

(Internet Explorer is not recommended; Add-ons and Toolbars can affect any browser's performance)

Operating systems recommended are: Windows 7, 10, Mac OSX Sierra, iPad IOS10

For further details about system requirements click here. Log in to Moodle here.

For our ZOOM seminars you will require:

- a computer with a camera/microphone
- a broadband internet connection (256Kbit/sec or faster)
- a headset with a microphone

If you need further assistance with Moodle:

For enrolment and login issues please contact: IT Service Centre

Email: itservicecentre@unsw.edu.au

Phone: (02) 9385 1333

International: +61 2 9385 1333

Support hours:

Monday – Friday 8:00am – 8:00 pm

Saturday & Sunday 11:00 am – 2:00pm

For all other Moodle issues please contact: External TELT Support

Email: externalteltsupport@unsw.edu.au

Phone: (02) 9385 3331

International: +61 2 9385 3331

Support hours:

Monday – Friday 8:00am – 10:00 pm

Saturday & Sunday 9:00 am – 5:00pm

Library and prescribed resources

All the core and additional readings are available from the course reading link on Moodle. You can access the readings and the course materials by logging on to the Moodle page for this course with your single sign on student login.

You must read each of the core readings for each topic, prior to scheduled activities. You may also wish to read the additional optional reading(s).

You will also be required to access additional material from the UNSW library. The UNSW Library website is accessed at: <http://www.library.unsw.edu.au>. You will also benefit from becoming familiar with Google Scholar (<http://scholar.google.com>) as a key search engine for academic publications and reports. You can set up the preferences to link to the UNSW Library even when you are not on campus.

Go to Google Scholar> settings> library links, and enter 'University of New South Wales' in the box for "Library":

Recommended Resources

You can sign up for Table of Contents (TOC) Alerts from the homepages of relevant journals, to receive an email whenever new articles are published in that journal. Journal websites will often carry information on the most viewed and most cited articles; these are likely to be interesting and often influential contributions. Google Scholar will also point you to articles that have cited a particular article and hence will be related to the topic.

Links to additional resources, videos and texts will be discussed in class.

Course Evaluation and Development

Student evaluative feedback is gathered periodically using, among other means, UNSW's **myExperience** process. Informal feedback and class-generated feedback are also important. Student feedback is taken seriously, and continual improvements are made to the course based in part on such feedback. Significant changes to the course will be communicated to subsequent cohorts of students taking the course. In response to student feedback from the last time this course was taught, we have modified seminar content and structure.

Submission of Assessment Tasks

Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on externalteltsupport@unsw.edu.au. Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support you will automatically receive a ticket number, but if you telephone you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, it will be stated on your course's Moodle site with alternative submission details.

For information on how to submit assignments online via Moodle: <https://student.unsw.edu.au/how-submit-assignment-moodle>

Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

Copying: Using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This includes copying materials, ideas or concepts from a book, article, report or other written document, presentation, composition, artwork, design, drawing, circuitry, computer program or software, website, internet, other electronic resource, or another person's assignment without appropriate acknowledgement.

Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original information, structure and/or progression of ideas of the original without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.

Collusion: Working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student for the purpose of them plagiarising, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.

Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.

Duplication ("self-plagiarism"): Submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

Correct referencing practices

The [UNSW Academic Skills support](#) offers resources and individual consultations. Students are also reminded that careful time management is an important part of study. One of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items.

UNSW Library has [the ELISE tool](#) available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW but it can also be a great refresher during your study. Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time
- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

Academic Information

Due to evolving advice by NSW Health, students must check for updated information regarding online learning for all Arts, Design and Architecture courses this term (via Moodle or course information provided.)

For essential student information relating to:

- requests for extension;
- late submissions guidelines;
- review of marks;
- UNSW Health and Safety policies;
- examination procedures;
- special consideration in the event of illness or misadventure;
- student equity and disability;
- and other essential academic information, see

<https://www.unsw.edu.au/arts-design-architecture/student-life/resources-support/protocols-guidelines>

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