

# Medicine & Health

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## What does the future of health look like?





SCIENTIA

## Trends

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Healthcare workers will need to be technologically savvy



Importance of big data



Preventative wellbeing and medicine



Equity of healthcare access



Impact of climate change



Cross-disciplinary partnerships and collaboration



# Empowering our students to tackle the future of health.



## **Our strategy:**

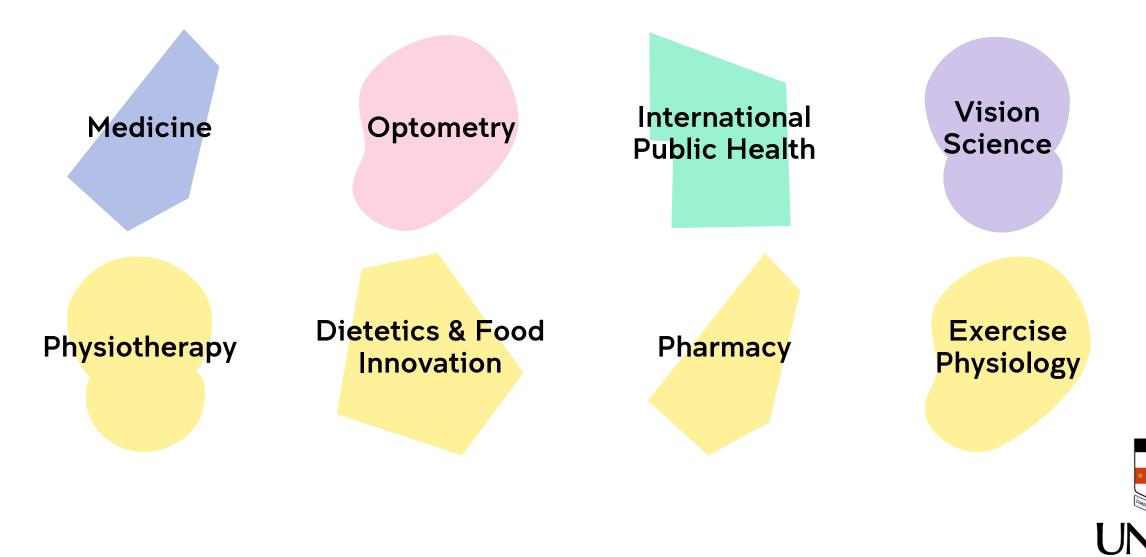
UNSW Medicine & Health aims to develop compassionate innovators and global leaders in health through transformative education and learning experiences.

The actions we set in motion here will be felt across Australia's health landscape for years to come.





### **Undergraduate Programs**



## How our graduates work together to solve health issues of the future?



## **Obesity epidemic**

#### **Public health roles**

- Developing relevant policies
- Advocacy for the removal of junk food advertising
- Research into effective strategies
- School healthy eating programs
- Promoting healthy lifestyle
- Implementing exercise or nutrition programs to promote healthy lifestyles
- Monitoring the epidemiology
- Mass market and social marketing strategies
- Community engagement

#### Alumni: Arlita

Operations Manager, Population Health Promotion Northern Sydney Local Health District

#### GPs

- Identifying individuals at risk
- Support weight loss activities
- Provide medical advice and services



#### **Exercise Physiology**

- Test body functions
- Prescribe exercise programs
- Promote behaviour change

#### **Dietetics & Food industry**

- Diagnose nutrition problems
- Prescribe diet plans
- Cost of food
- Establishing health eating habits





## Aging populations

#### **Public health roles**

- Early detection and management of chronic diseases to facilitate healthy aging
- Reviewing medication schemes
- Creating awareness around aging population and strain on healthcare.
- Promoting a healthy lifestyle to reduce poor health.
- Promoting falls prevention
- Combat ageism and support healthcare reform to increase efficiency in care access

#### Alumni: Alice

Policy Officer Australian Government Department of Health and Aged Care

#### Eye + vision science

- Optometrists and access in aged care
- Eye health issues on the rise
- Fall prevention





#### **Medication availability**

- Pharmaceutical industry
- Accessibility to pharmacists
- PBS scheme

#### Physiotherapy & injury prevention

- Improve posture and stability
- Improve cognitive health and mobility
- Fall prevention





## Mental health

#### **Public health roles**

- Implementing healthy mindset across school aged children through education.
- Creating awareness around mental health disorders.
- R U OK? Promotion
- Preventive healthcare and mental health promotion
- Reducing inequity in access to mental health programs
- Tailoring programs to target populations



#### Alumni: Damian

Senior Project Officer: Suicide Prevention *Queensland Health* 

#### Nutrition

- Brain & gut connection research
- Healthy diet to reduce risk of depression





#### **Psychiatry & neuroscience**

- Make a diagnosis
- Develop management plans
- Prescribe medicine
- Understand psychological and psychiatric disorders

#### **Prescription management**

- Accessibility to drugs
- Pharmacists' skills can support use of medicines





## Prevention is the future of health.



## So what does this mean for our graduates?



## Real-world experiences set students up for success



#### **Capstone project**

Public health program



#### Professional Practice Stream

Health professional programs



#### **Rural placements**

Medicine and Optometry programs







## Randwick Health and Innovation Precinct







## Thank you!

