

Cohen-Mansfield Agitation Inventory (CMAI)

Instructions: For each of the behaviors below, check the rating that indicates the average frequency of occurrence over the last 2 weeks.

Behavior	Never 1	Less Than Once a Week 2	Once or Twice a Week 3	Several Times a Week 4	Once or Twice a Day 5	Several Times a Day 6	Several Times an Hour 7
1. Hitting (including self)	☐	☐	☐	☐	☐	☐	☐
2. Kicking	☐	☐	☐	☐	☐	☐	☐
3. Grabbing onto people	☐	☐	☐	☐	☐	☐	☐
4. Pushing	☐	☐	☐	☐	☐	☐	☐
5. Throwing things	☐	☐	☐	☐	☐	☐	☐
6. Biting	☐	☐	☐	☐	☐	☐	☐
7. Scratching	☐	☐	☐	☐	☐	☐	☐
8. Spitting	☐	☐	☐	☐	☐	☐	☐
9. Hurt self or others	☐	☐	☐	☐	☐	☐	☐
10. Tearing things or destroying property	☐	☐	☐	☐	☐	☐	☐
11. Making physical sexual advances	☐	☐	☐	☐	☐	☐	☐
12. Paces, aimless wandering	☐	☐	☐	☐	☐	☐	☐
13. Inappropriate dress or disrobing	☐	☐	☐	☐	☐	☐	☐
14. Trying to get to a different place. ..	☐	☐	☐	☐	☐	☐	☐
15. Intentional falling	☐	☐	☐	☐	☐	☐	☐
16. Eating/drinking inappropriate substances	☐	☐	☐	☐	☐	☐	☐
17. Handling things inappropriately	☐	☐	☐	☐	☐	☐	☐
18. Hiding things	☐	☐	☐	☐	☐	☐	☐
19. Hoarding things	☐	☐	☐	☐	☐	☐	☐
20. Performing repetitious mannerisms	☐	☐	☐	☐	☐	☐	☐
21. General restlessness	☐	☐	☐	☐	☐	☐	☐
22. Screaming	☐	☐	☐	☐	☐	☐	☐
23. Making verbal sexual advances ...	☐	☐	☐	☐	☐	☐	☐
24. Cursing or verbal aggression	☐	☐	☐	☐	☐	☐	☐
25. Repetitive sentences or questions	☐	☐	☐	☐	☐	☐	☐
26. Strange noises (weird laughter or crying)	☐	☐	☐	☐	☐	☐	☐
27. Complaining	☐	☐	☐	☐	☐	☐	☐
28. Negativism	☐	☐	☐	☐	☐	☐	☐
29. Constant unwarranted request for attention or help	☐	☐	☐	☐	☐	☐	☐

Name of Rater: _____

Name of Primary Caregiver/Informant: _____

Note: This is the nursing-home, long version of the Cohen-Mansfield Agitation Inventory. For definitions of the behaviors, administration, scoring information, and other versions, please consult the manual.

Reprinted with permission from Jiska Cohen-Mansfield, PhD, Research Institute of the Hebrew Home of Greater Washington.

© Cohen-Mansfield