

Maastricht Ageing Study

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Summary

Setting:	South Limburg, The Netherlands
Start Date:	1993
End Date:	2010
Participants:	1823 individuals aged 24-81 years (baseline)
Assessment Schedule:	Full assessments at baseline, and after 6 and 12 years. Additional full assessment 45+ after 3 years. Questionnaires only after 9 years.
Measures:	(1) Neuropsychiatric assessments assessing dementia, MCI and cognitive decline; (2) Broad range of sociodemographic, lifestyle and physical and mental health factors; (3) Subgroups with blood samples and genotyping, structural MRI scans

Further Information

- <http://breinweb.nl/maas/>
- Köhler S, Baars MAE, Spauwen S, Verhey FRJ, van Boxtel MJP (2014). Temporal evolution of cognitive changes in incident hypertension: prospective cohort study across the adult age span. Hypertension,

63, 245-51.

- Jolles J, Houx PJ, van Boxtel MJP, Ponds RWHM (1995). The Maastricht Aging Study: determinants of cognitive ageing. Neuropsych Publishers Maastricht.

