

Monongahela-Youghiogheny Healthy Aging Team (MYHAT)

Principal Investigator

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Summary

Setting:	Small-town region of Pennsylvania, USA
Start Date:	2006-8
End Date:	Ongoing
Participants:	1982 individuals aged 65+ years
Assessment Schedule:	Baseline and annual follow-ups (the 8th in 2014-16)
Measures:	Neuropsychological assessments, depression, medical history and lifestyle, physical functioning and activity, dementia classifications

Further Information

- Ganguli M, Snitz B, Vander Bilt J, Chang CC. How much do depressive symptoms affect cognition at the population level? The Monongahela-Youghiogheny Healthy Aging Team (MYHAT) study. *Int J Geriatr Psychiatry*. 2009 Nov;24(11):1277-84. doi: 10.1002/gps.2257.

