

# Action on Secondary Prevention Interventions and Rehabilitation in Stroke Study (ASPIRE-S)

## Principal Investigator

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## Summary

<b>Country</b>	Ireland
<b>Principal Investigator</b>	Lisa Mellon
<b>Contact person (email)</b>	Lisa Mellon ( <a href="mailto:lisamellon@rcsi.ie">lisamellon@rcsi.ie</a> )
<b>Key publication/reference</b>	<a href="#">Mellon et al. BMC Neurology 2015; 15: 31</a>
<b>Years in which study conducted</b>	2011-2012
<b>Sample</b>	
<b>Size</b>	256
<b>Population: Hospital/community</b>	Hospital
<b>Selection: consecutive/random</b>	Consecutive
<b>Admit with previous stroke or TIA</b>	Yes
<b>Admit with TIA?</b>	No
<b>Age range</b>	69±12.9 (IQR 61-78)
<b>Number of centres</b>	3
<b>Control group: number, population, selection</b>	None
<b>Assessment</b>	
<b>Initial: Time and data collected/tests administered</b>	72 hours: function, stroke severity, VRF
<b>Detailed</b>	As per 6 mo follow-up

<b>Subsequent (follow-ups)</b>	6 mo: cognitive, function, psychiatric, blood analysis
<b>Stroke-related data</b>	Scandinavian Stroke Scale, Bamford classification, TOAST
<b>Functional tests/data</b>	Modified Rankin Scale
<b>Other medical tests/data</b>	Blood pressure, blood analysis
<b>Neuropsychological tests</b>	MoCA
<b>MRI scans, when and how many</b>	No
<b>PET scans</b>	No
<b>Psychiatric exams/diagnoses</b>	Mood disorder (Hospital Anxiety and Depression Scale)
<b>Intervention trialled?</b>	No

CT=computed tomography scan, MedHx=medical history, VRF=vascular risk factors (hypertension, diabetes, atrial fibrillation, obesity, smoking etc.), NΨ=neuropsychological, TIA=transient ischemic attack, m=month, y=year

