



CAN GET HEALTH IN CANTERBURY

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Feroza Yasmin

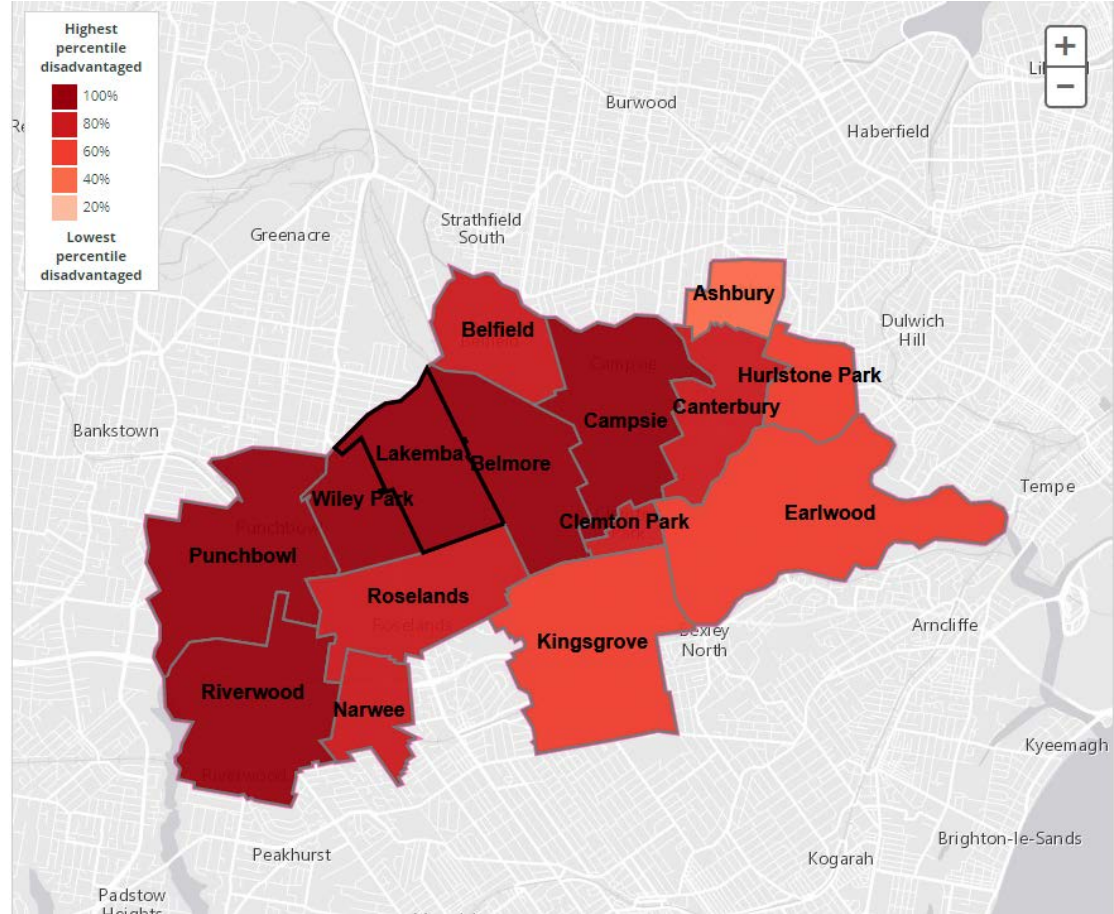
Bangladeshi Community Networker, Can Get Health



WHY CANTERBURY?

Higher levels of disease than all SLHD

64% of people spoke a language other than English at home in 2011



Higher rates of risk factors such as smoking

7.2% of the population earned a high income, and 43.6% earned a low income

WHO ARE WE?



- Since 2013, a partnership between the Sydney Local Health District (SLHD) - Health Equity, Research & Development Unit (HERDU), Central and Eastern Sydney PHN (CESPHN), and UNSW.
- Funded by CESPHN and SLHD
- Underpinned by values of equity and community engagement and works in collaboration with Canterbury communities and community organisations
- Goal: To improve access to equitable comprehensive primary health care services to marginalised populations including cultural and linguistic diverse (CALD) populations.

OUR OBJECTIVES



- Identify needs and major barriers to the use of health services especially preventive health services and programs by emerging cultural and linguistic diverse (CALD) populations.
- Improve the knowledge and skills of emerging CALD populations to use and benefit from health services and programs.
- Identify and work with relevant stakeholders to address at least one of the social determinants of health.
- Facilitate a range of community engagement activities in partnership with community organisations.



WHAT DO WE FOCUS ON?

- Focus on:
 - Child, family and women's health
 - Mental health
 - Capacity building (including health workforce)
 - Chronic disease prevention & management
- Current work with Bangladeshi, Rohingya and Arabic speaking communities. Previous work with Chinese community.

SUCCESS STORY 1 – FERROZA YASMIN

- My journey
- NSW law in 2013 mandatory installation of window locks
- Kids Don't Fly campaign initiated by NSW Health
- Community rep on CGHiC Advisory Board
- Paid Bangladeshi Community networker
- Community action about KDF – awareness, information at Bangladeshi community events
- Strata managers and real estate agencies about the responsibility to ensure locks are installed



SUCCESS STORY 1 – FEROZA YASMIN

08 NEWS

THEEXPRESS.COM.AU | TUESDAY, FEBRUARY 20, 2018

BANKSTOWN / STATEWIDE

Time to lock up for kids' safety

Window locks must be installed by the middle of March, **Danielle Buckley** reports

THE deadline for new window-lock legislation is just three weeks away, but will tragically be too late for a child who fell three storeys from a window in Bankstown last week.

The seven-year-old was playing near an open window at a block of apartments on the busy Chapel St when he slipped and plunged to the brick footpath below.

He remains in the Sydney Children's Hospital at Randwick in a serious but stable condition.

Accidents like these will hopefully become fewer by March 13 — the cut-off date for all strata buildings in NSW to be fitted with devices that prevent windows opening more than 12.5cm.

The legislation was first passed in 2015 after a push by The Children's Hospital at Westmead staff who were tired of seeing the steady stream of children landing in emergency departments.

"We were seeing 10-12 children each year who had fallen from windows at this



hospital alone," Westmead's trauma surgeon Dr Soundappan Soundappan said.

"We felt it was important because it's awful seeing kids getting serious injuries from what is totally preventable."

So far, the hospital is yet to see a decrease in admissions for window accidents but Dr Soundappan said he hoped after March 13 the numbers would drop.

In the last three months window safety compliance companies, such as ASQB Window Safety, have been swamped with requests to install safety locks.

But some practitioners are



Feroza Yasmin has championed the Kids Don't Fly campaign which encourages residents to lock their windows. Inset: Locking devices are compulsory from next month. Main picture: John Appleyard

thony Shakar said he fears that come March 13, many buildings still won't be compliant.

"We don't believe that all strata buildings will be brought up to standards by then," he said.

"If an accident does occur, the fine isn't the major issue; it's that the awareness

bility will come back to the owner."

Mr Shakar also said because the locks can be disengaged by occupants, education is also needed.

Canterbury local Feroza Yasmin has been doing a lot of work raising awareness about window safety after

government-led Kids Don't Fly campaign.

As part of the campaign, Ms Feroza works with the Bangladeshi community handing out educational pamphlets highlighting the risk of falls, but said it was a significant issue for everyone, not just her culture.

Window deadline



- ▶ When: March 13
- ▶ Who: Responsibility is on owners corporations
- ▶ What: Under the reforms, openable windows that are less than 1.7m above the floor, and more than 2m above the surface outside must be fitted with safety locks
- ▶ Locks enable the maximum window openings to be less than 12.5cm

SUCCESS STORY – FERROZA YASMIN



- My journey continues
 - Organised speakers for community events, translated resources
 - Wrote articles for Bangla newspapers
 - Trained in mental health, parenting program & breast screening, domestic violence & diabetes
 - Wider role as a Community Networker: run women's groups, provide community information, connect with women and families
 - Became a Bilingual Community Educator for SLHD

SUCCESS STORY 2- ROHINGYA COMMUNITY

- Moving beyond engagement
- Consultations
- Women's group: oral health, kids CPR & first aid
- Canterbury Hospital tour
- Taronga Zoo trip
- Interagency work
- Connection with Metro Assist (Migrant Resource Centre)
- BRCA – Burmese Rohingya Community Australia
- Settlement Service International (SSI)



OUR NEXT STEPS FOR CAN GET HEALTH



- Work closely with Rohingya community to increase social connections and their ability to advocate for themselves
- Improve health literacy of Bangladeshi women
- Support the provision of ‘in-language’ parenting programs
- Work with Arabic speaking communities

Thank you

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