

CPHCE Bi-monthly Newsletter



October 2020

Highlights

- Most staff at CPHCE are mainly working from home and the skeleton staff are working in the Centre and Hub, some staff has returned to the office regularly. Randwick office has implemented QR code check in system for contact tracing purpose, social distancing and hand washing practices are also applied in the office.

- Congrats to Freddy Sitas – he has been listed as a field leader in 'oncology' as determined by the [Australian newspaper](#).

These 66 scholars are Australia's leading researchers in health and medical sciences – one selected from each of the 66 fields in this discipline. They are the researchers with the highest number of citations from papers published in the last five years in the 20 top journals in their field. In each field we also name Australia's top research institution, the one with most citations in the top 20 journals in the field in the last five years.

- Our Centre work entitled '[A Syndemic Perspective on the Management of Non-communicable Diseases Amid the COVID-19 Pandemic in Low- and Middle-Income Countries](#)' received high global attention. As of today, altmetric score is 285 with 35 news coverage. Our research occupied the top 5% position of all research outputs scored by Altmetric.
- Uday Narayan Yadav's studies on 'synergistic impact of COVID-19 on people with NCDs in low and middle-income countries' quoted by UNSW media '[COVID-19 a double blow for chronic disease patients](#)'
- Successful grant application for the 'Community Health Workers' project. The funding budget is provided by NHMRC; partner cash contributions and as in-kind contributions from the four partners (SLHD, CESPHN, ACI and HCNSW).
- Successful grant application for the 'Unifying and quality assuring disparate health silos with a common data model' project. The funding is provided by National Prescribing Service; SWSLHD; GP Synergy and CESPHN.
- New publication by Margo Barr, Heidi Welberry, John Hall, Elizabeth Comino, Elizabeth Harris, Ben Harris-Roxas & Mark Harris on '[General practitioner follow-up after hospitalisation in Central and Eastern Sydney, Australia: access and impact on health services](#)' has been released.

Projects

Community Health Workers

We have been successful in attracting NHMRC partnership program funding for a study on 'Community Health Workers Extending Care in the Community'. This study aims to reduce the risk of re-hospitalisation in people with multiple long-term conditions by using community health workers to help patients navigate the transition from hospital to the community. With consumer coresearchers and our partners (Sydney Local Health District, Central and Eastern Sydney Primary Health Network, the Agency for Clinical Innovation and Health Consumers NSW), we will co-design a model of CHW follow up and support care following hospitalisation. We will then conduct a controlled trial to evaluate the implementation and impact of the model on health service and health outcomes.

- Cancer Shared Care Plan

The Cancer Shared Care Plan pilot study continues with the first enrolled patients completing 12 months in shared care. The pilot is focusing on colorectal patients who have completed cancer treatment. An e-care plan is tailored by the cancer specialist and shared with the patient and their GP. It provides a collaborative space for clinicians and patients to schedule and agree on tasks, goals and responsibilities, share information and monitor care. Patients like having their GP involved as it reduces travel, the GP knows their history and they like having more clinicians managing their health. The pilot is being conducted at St George Cancer Care Centre and it is just starting at Prince of Wales Private. There are plans to extend shared care to breast cancer and to the Liverpool Cancer Therapy Centre.

Publications

- [How well do Australian government urban planning policies respond to the social determinants of health and health equity?](#)
By Patrick Harris & others
- [The institutional dynamics behind limited human health considerations in environmental assessments of coal mining projects in New South Wales, Australia](#)
By Patrick Harris & more
- [Advanced vehicle technologies and road safety: A scoping review of the evidence](#)
By Tracey Ma & more
- [A Syndemic Perspective on the Management of Non-communicable Diseases Amid the COVID-19 Pandemic in Low- and Middle-Income Countries](#)
By Uday Narayan Yadav, Sabuj Kanti Mistry & more
- [Evaluation of Digital Health & Information Technology in Primary Care](#)
By Teng Liaw & more
- [Urban Health and Healthy Cities Today](#)
By Evelyn de Leeuw & more
- [Impact of racism and discrimination on the physical and mental health among Aboriginal and Torres Strait Islander peoples living in Australia: a protocol for a scoping review](#)
By Uday Narayan Yadav & more
- [Risk Factors for Incident Kidney Disease in Older Adults: an Australian Prospective Population-Based Study](#)
By Elizabeth Comino & more
- [The Rohingya Little Local: exploring innovative models of refugee engagement in Sydney, Australia](#)
By Amy Bestman, Jane Lloyd, Barbara Hawkshaw, Jawat Kabir and Elizabeth Harris
- [Breastfeeding is a protective factor for overweight/obesity among young children in Bangladesh: Findings from a nationwide data](#)
By Sabuj Kanti Mistry & more
- [The pitfalls of personalization rhetoric in time of health crisis: COVID-19 pandemic and cracks on neoliberal ideologies](#)
By Beatriz Cardona
- [The ED2GP \(emergency department to general practice\) for Women study: understanding lower follow-up rates among older women](#)
By Michael Tam, Andrew Knight & more
- [Theme cities for health: are they the superior Healthy Cities?](#)
By E de Leeuw, J Forbat, J Simos
- [Understanding vulnerability in the context of climate change – a Health impact Assessment Framework. European Journal of Public Health](#)
By F Haigh, B Harris-Roxas, E de Leeuw
- [Mapping the future of health promotion. European Journal of Public Health](#)
By De Leeuw, E
- [Strengthening health promotion policy. European Journal of Public Health](#)
By De Leeuw, E
- [The three paradigms on urban health. European Journal of Public Health](#)
By Kim, J, de Leeuw, E, Harris-Roxas, B, Sainsbury, P
- [Health in cities: Getting out and about as we age. European Journal of Public Health](#)
By Ma, T, Ivers, R, de Leeuw, E, Clapham, K, Kobel, C
- [Health and urban planning policy: mistaking symbolism for outcomes in New South Wales \(Australia\)](#)
By Lilley, D, de Leeuw, E
- [Healthy settings in an airport planning context: Lessons from the Sydney experience. European Journal of Public Health](#)
By Crimeen, A, de Leeuw, E, Freestone, R
- [Building human capacities for HIA F Haigh, J Kim European Journal of Public Health](#)
By F Haigh, J Kim
- [An urban, community-based whole of systems approach to address childhood overweight and obesity](#)
By B Jalaludin, F Haigh & more
- [General practitioner follow-up after hospitalisation in Central and Eastern Sydney, Australia: access and impact on health services](#)
By Margo Barr, Heidi Welberry, John Hall, Elizabeth Comino, Elizabeth Harris, Ben Harris-Roxas & Mark Harris
- [Recent Advances in Health Impact Assessment and Health in All Policies Implementation: Lessons from an International Convening in Barcelona](#)
By Fiona Haigh & more
- [Primary Prevention of Cardiovascular Disease and Type 2 Diabetes Mellitus Using Mobile Health Technology: Systematic Review of the Literature](#)
By Vera Buss, Margo Barr, Mark Harris & more

People

- [New PhD Student - John Kurko](#)



John Kurko has just started his Scientia PhD on Physical and Mental Effects of Urban Form on Human Wellbeing with Margo and his other supervisors from Built Environment (Associate Professor Paul Osmond and Professor Susan Thompson). He will be looking the relationship between dwelling in high-density environments in Sydney, the amenity provided by public open space, including green infrastructure, and the physical and mental health outcomes of the population using the 45 and Up Study spatial data as well as other data sources. He is a registered architect, urban designer, with a previous career as a public health practitioner. His other interests include rock climbing. Please welcome John to the Centre.

- [New PhD student – Prince Peprah](#)



Prince Peprah is a first year PhD student at UNSW from Ghana. Prince's research examines cultural, linguistic and health literacy responsiveness of primary health care organizations and providers to African refugees and people seeking asylum in NSW, Australia. The purpose of his research is to inform improvement in the cultural, linguistic and health literacy responsiveness of primary health care organizations and providers in NSW, Australia. He is also interested in providing a framework for PHC organizations and providers to improve their cultural, linguistic and health literacy responsiveness.

Communication & Education

- Dr Amy Bestman, now at the George Institute but still working with us as a co-convenor of the Inequalities and Health MPH Course, was part of one of the latest centre for Ideas and Grand Challenges; see her talk on Equity: the final frontier [here](#).
- A/Prof Margo Barr presented virtually at the Longitudinal Studies International Showcase on 9 October 2020 on the 45 and Up Study and how we are using it for research with Dr Kerrin Bleicher from the Sax Institute.
- Evelyn de Leeuw's [CHETRE blog about interplanetary health](#) has been picked up by [Croakey with a really neat introduction](#).
- Uday Narayan Yadav also being interviewed in one of the esteemed national media of Nepal. The interview has been published in both [English](#) and [Nepali](#) language.
- The [report](#) from the codesign workshop on "Increasing participation of people from CALD backgrounds in research" that SEaRCH organised with the Multicultural Health Communication Service and CONCERT TCRC with support from SPHERE earlier this year is now available.



- Rachael Kearns and A/Prof Ben Harris-Roxas contributed to the Mitchell Institute's "Self-care for health: A national policy blueprint" that was launched by Minister Hunt on Wednesday. The Blueprint can be downloaded from [here](#).
- The [final report](#) for the Shisha No Thanks project has been published.
- An analysis was undertaken, using data on the 30,000 participants in the CES Primary and Community Health Cohort/Resource, looking at the characteristics and outcomes for carers in Central and Eastern Sydney over 45 years of age. Around 12% of the cohort were carers at a given time, though most transitioned in and out of caring roles over a five-year period.
Compared with non-carers, carers in CES have higher rates of: self-reported smoking, anxiety, psychological distress, needing help with daily activities, self-rated poor physical health and GP use. Carers who reported they were not coping well had distinct outcomes and service use. Specifically, higher mortality rate and higher rates of GP use. The report has now been completed along with an infographic summarising the findings. The report identifies four primary considerations for health services: identifying carers as a priority population for tobacco control interventions, enhancing access to psychological supports/low intensity mental health intervention for carers, enhancing general practice monitoring of carers quality of life/coping as this is associated with higher mortality and enhancing carer interventions delivered by general practice. The findings are being disseminated to carer groups and health services for consideration and action.

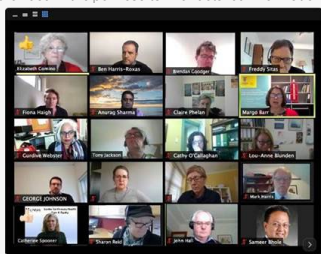
Further work is now being undertaken examining differences in health status for carers who transitioned in and out of the caring role and for full time and part-time carers.

Team: Ben Harris-Roxas (SEaRCH) Margo Barr, AYM Alamgir Kabir (CPHCE), Lisa Woodland, SESLHD Priority Populations, Gurdive Webster, SESLHD Carers Program



Events

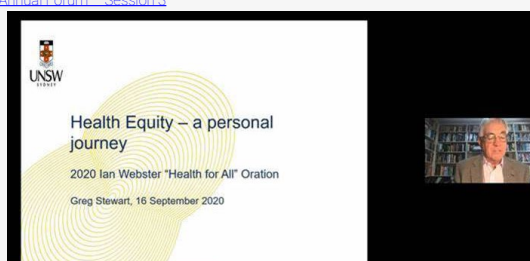
- [2020 Research Priorities Forum 2 September 2020](#) - Research Priorities for CES-P&CH was a great success. Thirty-five people from SLHD, SESLHD, CESPHN and researchers from UNSW and other organisations attended the two-hour webinar with lots of information and discussion. Top priorities identified after discussion in the breakout rooms are provided in the poll results. For detailed information please visit [here](#)



- [2020 CPHCE Annual Forum 16 September 2020](#) - CPHCE Annual Forum was a great success, you can visit this [page](#) to see the presentations of the forum. If you have missed the forum or would like to re-watch some parts of it, please see the recordings of the CPHCE Annual Forum by clicking the following links:

Please use this password [annualforum2020](#) to open all of the three recordings listed below.

- [Annual Forum – Session 1](#)
- [Annual Forum – Session 2](#)
- [Annual Forum – Session 3](#)



Media Release & Blogs

- [Alcohol consumption during COVID-19 significantly impacts vulnerable communities: The case study of Miller](#)
By Andrew Reid
- [Adequacy of the NSW LiveData site for evidence-based liquor licence decisions](#)
By Andrew Reid, Dr Alison Ziller and Dr John Crozier

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