CPHCE Bi-monthly Newsletter



February 2021

Highlights

- Our NHMRC project on Community Health Navigators Extending Care from Hospital in the Community is due to commence in April. This is a large project which involves Sydney Local Health District, Central and Eastern Sydney Primary Health Network, the NSW Agency for Clinical Innovation and Health Consumers NSW as partners with CPHCE. The investigators have been meeting regularly to plan the commencement including applying to the Ethics Committee and developing a plan for the first stage of the research which involves codesign of their selection, role, training and supervision.
- Our strategic update plan is well underway starting with an-all staff workshop in February 2021. We had reviewed our plans at a Directors' workshop on 4th March. We then intend to have further staff input on the first iteration, and then from our Steering, Advisory committees and other key stakeholders. We estimate completing the process by end May 2021.

Projects

- The Mindgardens project on web based care plans for people with severe mental illness on Clozapine has been continuing to develop. This builds on the experience we have had in cancer shared care plans. A specification workshop involving all the key stakeholders is planned for the 10th of March at which the detailed process and template for the care plans will be developed.
- NSW Refugee Health Service and CHETRE research partnership. The NSW Refugee Health Service (RHS) and CHETRE are working together on a number of equity focused
 research projects aimed at expanding the evidence base necessary to improve the health and wellbeing of refugees and asylum seekers living in SWSLHD. Addressing migrationrelated health inequities in Australia has systematically been undermined by a lack of evidence on the health and wellbeing of migrants, this provides an opportunity for CHETRE
 to foster collaboration with the NSW Refugee Health Service and build research capacity within that service.
 - The projects, funded by RHS, include:
 - 1. An exploration of asylum seekers access to hospital services and the impact on their health and wellbeing
 - 2. A scoping study on the public health risks faced by community living asylum seekers in NSW during the COVID-19 pandemic
 - 3. Evaluating volunteer led programs to promote refugee health using a citizen science approach
 - 4. The research is being led by Dr Zelalem Mengesha at CHETRE with assistance from Danielle Weber at RHS. It is hoped that this initial research will lead to an ongoing program of research to improve the health of refugees and asylum seekers in Australia and globally.

• HERDU have been commissioned to conduct an Equity Focussed Health Impact Assessment (EFHIA) on the impacts of the Covid-19 pandemic and associated response with the aim of reducing arising health inequities caused by the pandemic. As part of Sydney Local Health District's (SLHD) Covid-19 recovery and resilience planning, a Steering Committee led by HERDU has been formed to oversee the EFHIA process and to guide effective future actions that can be taken to protect vulnerable populations from pandemics and ongoing threats to health. The first Steering Committee Meeting is scheduled to take place in mid-March 2021.

Publications

- Impact of COVID-19 on healthcare activity in NSW. Australia
 By Jean-Frédéric Levesque
- Extreme events: how do public health systems learn and adapt? By Jean-Frédéric Levesque
- Evaluating the feasibility and acceptability of a co-design approach to developing an integrated model of care for people with multi-morbid COPD in rural Nepal: a qualitative study By Uday Narayan Yadav, Jane, Lloyd, Mark Harris
- Using a co-design process to develop an integrated model of care for delivering self-management intervention to multi-morbid COPD people in rural Nepal By Uday Narayan Yadav, Jane Lloyd, Mark Harris
- How Well the Government of Nepal Is Responding to COVID-19? An Experience From a Resource-Limited Country to Confront Unprecedented Pandemic

By Uday Narayan Yadav & more

- Prevalence of non-communicable chronic conditions, multimorbidity and its correlates among older adults in rural Nepal: a cross-sectional study. By Uday Narayan Yadav, Mark Harris, Sabuj Kanti Mistry & more
- A framework for preferred practices in conducting culturally competent health research in a multicultural society.
 By Cathy O'Callaghan, Ben Harris-Roxas & more
- <u>Toolkits for implementing and evaluating digital health: A systematic review of rigor and reporting</u>
 By Slaw-Teng Liaw & more
- <u>A Bibliographic Review of Intersectorality</u> By Evelyne de Leeuw

People

-Dr Snow Li - Project Coordinator, CPHCE

Dr Snow Li joined the mental health literacy project at CPHCE in January. She has over ten years of community mental health work experience. She has recently completed her PhD at the school of psychiatry, examining the health system's responsiveness to the support needs of people with complex needs. Snow is also passionate about fostering conversations and innovations in health technology. She has launched two health start-ups, and mentoring at the UNSW health 10 x program.

Communication & Education

- Christopher Standen, Fiona Haigh and Patrick Harris have won a seed funding grant from Maridulu Budyari Gumal's Healthy Urban Environments Clinical Academic Group – for a pilot project to develop and trial a quasi-experimental, longitudinal health study of the Waterloo public housing estate redevelopment. In partnership with the Sydney Local Health District, the study will not only assess residents' psychological and physical health throughout the redevelopment process, but also respond to any negative impacts – through referral of residents to appropriate services, and informing health and human services planning and delivery for the affected community. The three have won this grant with colleagues from the School of Population Health, UNSW City Futures Research Centre, NSW Ministry of Health, Sydney Children's Hospital Network and UTS.
- Evelyne de Leeuw joined as an advisory member of the Canadian Urban Environmental Health Research Consortium.

Events

• The first co-design workshop of Community Health Workers project is being completed on 10th February. Here are the photos to share:



Co-designing a navigation intervention for chronic CALD patients in general practice setting		
UNSW	Centre for Primary Health Care and Equity	
Never Stand Still		1 7 5 4
	Sabuj Kanti Mistry Elizabeth Harris Beatriz Cardona Uday Narayan Yadav Mark Harris	
	February 2021	

Media Release & Blogs

How can governments communicate with multicultural Australians about COVID vaccines? It's not as simple as having a poster in their language
By Ben Harris-Roxas & more, The Conversation





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