

# CPHCE Bi-monthly Newsletter

January – February 2023



## Highlights

- **Alex Richmond has been awarded a Dean's Award for Outstanding PhD Theses.**

This Award recognises the high quality higher degree research that is carried out at UNSW. It is awarded to PhD graduates who have produced a thesis that requires only minimal corrections, received outstanding and/or excellent levels of achievement for all examination criteria, and in the opinion of both examiners is in the top 10% of PhD theses they have examined.

- In 2020 at the Research Priorities Forum it was decided that as part of the CES-Primary and Community Health consortium we should explore the LUMOS dataset. In 2022 we gained access to the LUMOS data to explore the data to look at usage patterns and predictors of use for people with Type 2 diabetes mellitus (T2DM).

The current dataset for Central and Eastern Sydney includes 94 practices which includes just over 1.1mil patients (who visited GP once between Jan 2010 and Oct 2021). Of these just over 38k were identified to have T2DM (identified from GP and hospital data).

The objectives of this project are to: (i) characterise the patients residing within CES who attend Lumos GP clinics and hospitals for care of T2DM; (ii) provide a better understanding of how care for T2DM is delivered within CES; (iii) assess the quality of care and outcomes for patients with T2DM residing in CES.

For further information please contact [A/Pro Margo Barr](#).

## Projects

- An Tran is stepping down from her research officer role with the Community Health workers Extending Care in the Community (CHECC) trial in order to focus on her PhD. She will be replaced by Sarah Wright who commenced work in March.
- **Anti-racism in SWSLHD Scoping Review** - Karla Jaques, Patrick Harris and our MPH student Josephine Smith worked with SWSLHD's Anti-Racism and Discrimination Committee to conduct a scoping review exploring approaches to address racism in health services. The review focused on the types of interventions at different levels of the health system and evidence of evaluation of these interventions. The summary of this scoping review findings can be accessed [here](#).

## People

- **Evelyne de Leeuw is retiring from UNSW in mid-February**. She hopes to return one day a week from April to wrap up projects close to her heart and continue supervision of her research students.

We greatly appreciate the contribution that Evelyne has made since she joined CPHCE in 2015 both in her role as Director of CHETRE and since then as Professor of Urban Health and Policy on campus and look forward to her return in April. We will be organising a lunch to mark the occasion in February.

- **HERDU** - please welcome our new intern, Maria Ruiz. Maria is an MPH student at UNSW School of Population Health and is interested in health promotion and exploring strategies to encourage empowerment and combat health inequities amongst vulnerable populations. Maria is a clinical orthotist currently working in private practice.

Maria will be with us over Term 1 (from 13 February to end of May) and will be conducting an evaluation of SLHD's Mobile Health Clinic. She will come into the office on Mondays.

### Ms Cat van Kemenade, Senior Project Officer

Cat (she/her) started at CPHCE in December 2022 to coordinate the Stop Smoking, Start Living (S3L) project. Cat commenced her career in public health research at the Cancer Council NSW about 20 years ago and has been working in this sphere ever since. In S3L she works closely with Freddy Sitas, Catherine Spooner, Natalie Taylor and Patrick Bolton as well as many other investigators and members of the project team. Cat works from

home in the beautiful Blue Mountains and comes into the office to meet up with people in person on Tuesdays.

#### Alexandre Lebel, Visiting Academic

Alexandre Lebel completed his undergraduate studies in physical geography and geographic information systems at Université Laval (2003). He pursued his master's degree (2005) and doctorate (2010) in land use planning and regional development on social and territorial inequalities in health, with regard to the geography of overweight in Quebec. He did a postdoctoral on these same topics and on the use of multilevel analysis methods at the Harvard School of Public Health (2012).

He is now professor at the École supérieure d'aménagement du territoire et de développement régional (ÉSAD) at Laval University, where he is director of the Ph.D program. His teaching focuses on sustainable living environments and public health.

- **Samiha Elkheir, Project Officer**

Samiha is the Project Officer for the Shisha No Thanks Program. She is an Accredited Practising Dietitian with a Master of Nutrition & Dietetics from the University of Sydney. While studying, she published a systematic literature review on the effectiveness of lifestyle interventions to prevent harmful weight gain among adolescents from ethnic minorities. This inspired her passion for community work and led to a health promotion officer position where she assisted in developing health awareness campaigns and services on tobacco cessation, nutrition, and mental health amongst CALD communities. She has also worked as a clinical and community dietitian in the public and private sectors.

#### Publications

- [Interventions Designed to Support Physical Activity and Disease Prevention for Working from Home: A Scoping Review](#)  
By Christopher Standen & more
- [An exploration of the inverse care law and market forces in Australian primary health care](#)  
By Elizabeth Harris & Mark Harris
- [Indigenous Health and Connection to Country](#)  
By Aryati Yashadhana & more
- [Integrated people-centered eye care: A scoping review on engaging communities in eye care in low- and middle-income settings](#)  
By Aryati Yashadhana & more
- [Extended caregiving arrangements in families from Chinese backgrounds: A qualitative research study from Sydney, Australia](#)  
By Cathy O'Callaghan, Rachael Kearns, Ben Harris-Roxas & more
- [Placemaking and infrastructure through the lens of levelling up for health equity: A scoping review](#)  
By Karla Jaques, Andrew Reid, Patrick Harris
- [Smoking and vaping on death notification forms in Australia: Improving the reporting of preventable risk factors](#)  
By Freddy Sitas & more

#### Events

- **Lunchtime Webinar 'What have death certificates ever done for us?'**  
Friday 17th February 2023 1:00pm – 2:00pm AEST (Brisbane time, Australia)  
Speakers:
  1. A/Prof Freddy Sitas (Director, Centre for Primary Health Care and Equity, UNSW)
  2. Mr James Eynstone-Hinkins (Director, Health and Vital Statistics Section, Australia Bureau of Statistics).
- CPHCE Lunchtime Seminar **'Health impact assessments (HIA) as a science-based decision-making process: the Quebec City experience 2013-2023'** Presented by Visiting Academic Alexandre Lebel  
**Wednesday 22<sup>nd</sup> February at 12-1pm**

#### Abstract:

The Quebec City experience 2013-2023

Health impact assessment (HIA) is an approach that aims to prospectively assess the potential effects of a policy, program or project on the health of the population, and to formulate recommendations to minimize the negative effects as well as to maximize the positive effects of these interventions. In Quebec City, an original process involving independent scientists has been put in place to perform HIA for urban planning projects. Based on the stakeholders' perceptions, we investigated the impacts and outcomes of the HIA performed in Quebec City since 2013. The aims of this research were to 1) analyze the implementation of the HIA procedure in the urban planning process and to identify facilitators and constraints; 2) analyze the deployment of the HIA approach, including the stakeholders' involvement, the ability of HIA to support decision-making and to make changes in the stakeholders' practice; and 3) identify success factors and challenges for the integration of HIA into the urban planning process.

Please click [here](#) for HIA reports.

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