### TRENDS IN DRUG-RELATED HOSPITALISATIONS IN AUSTRALIA, 1999-2021

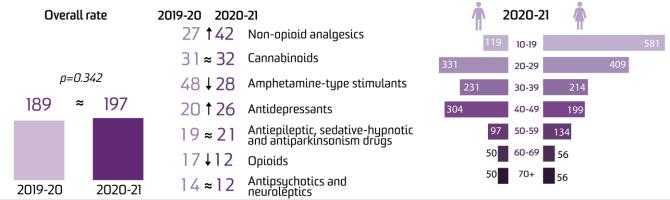
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## **Tasmania**



Drug-related hospitalisations per 100,000 people (excluding alcohol and tobacco)



Note: Arrows indicate a statistically significant increase/decrease between 2019-20 and 2020-21 (p<0.05); sign "≈" indicates no significant change.

There were 1,009 hospitalisations with a drugrelated principal diagnosis in <u>Tasmania</u> in 2020-21.

This is equivalent to 197 hospitalisations per 100,000 people, which was not significantly different from the rate in 2019-20 (189 hospitalisations per 100,000 people; p=0.342) (Table A24) but higher than reported in 1999-00 (127 hospitalisations per 100,000 people) (Figure 1).

### Sex

The rate of hospitalisations was higher among <u>females</u> than males in 2020-21 (241 versus 163 hospitalisations per 100,000 people).

#### Age

In 2020-21, the rate of hospitalisations was highest among the 20-29 age group, followed by the 10-19 and 40-49 age groups (429, 285, and 263 hospitalisations per 100,000 people, respectively). Among males, the rate of drugrelated hospitalisations was highest in the 20-29 age groups, and among females in the 10-19 age groups.

### Remoteness Area of Usual Residence

The highest number and rate of hospitalisations in 2020-21 was observed in inner regional

Tasmania (747 hospitalisations, 206 per 100,000 people; noting there are no major city areas in Tasmania) (Figure 2).

## External Cause of Drug Poisoning

In 2020-21, 48% of drug-related hospitalisations in Tasmania were due to drug poisoning. Furthermore, 82% of drug poisoning related hospitalisations were intentional (78 hospitalisations per 100,000 people) and 11% were unintentional (9.2 hospitalisations per 100,000 people) (Figure 3).

### Drug Type

In 2020-21, the rate of hospitalisations was <u>highest</u> where there was a principal diagnosis indicating non-opioid analgesics (42 hospitalisations per 100,000 people) (Figure 4).

Compared to 2019-20, there were significant decreases in 2020-21 in the rates of hospitalisations related to amphetamine-type stimulants and opioids (p<0.050) (Table A24).

In contrast, there were significant increases in the rate of hospitalisations related to non-opioid analgesics and antidepressants (p<0.050) (Table A24).













to 2020-21. 400 Age-standardised rate per 100,000 300 Sex Total Male Female 100 0 1999-00 2002-03 2005-06 2008-09 2011-12 2014-15 2017-18 2020-21

Figure 1. Age-standardised rate per 100,000 people of drug-related hospitalisations, by sex, Tasmania, 1999-00 to 2020-21.

Provision of Tasmanian data between 2008-09 and 2015-16 was limited to drug related hospitalisations based on selected drug-related ICD-10-AM codes (see the <u>methods</u> for the list of ICD-10-AM codes). Estimates of drug-related hospitalisations for this period are likely to be underestimated.

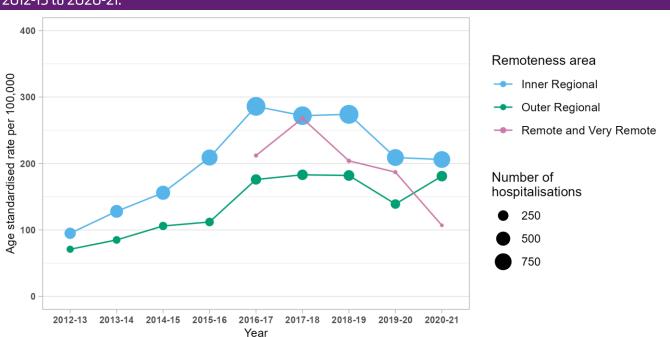


Figure 2. Age-standardised rate per 100,000 people of drug-related hospitalisations, by remoteness, Tasmania, 2012-13 to 2020-21.

Note: The size (area) of the bubble is proportional to the number of hospitalisations. Data on remoteness are only available from 2012-13. There are no major city areas in Tasmania. Where the number of hospitalisations for remote and very remote Tasmania were small (less than or equal to 10) age-standardised rates were not calculated. Please refer to our <a href="mathead-standard-search-sear

Figure 3. Age-standardised rate per 100,000 people of drug-related hospitalisations, by principal diagnosis of mental and behavioural disorder due to substance use (A) and external cause of poisoning (B), Tasmania, 1999-00 to 2020-21.

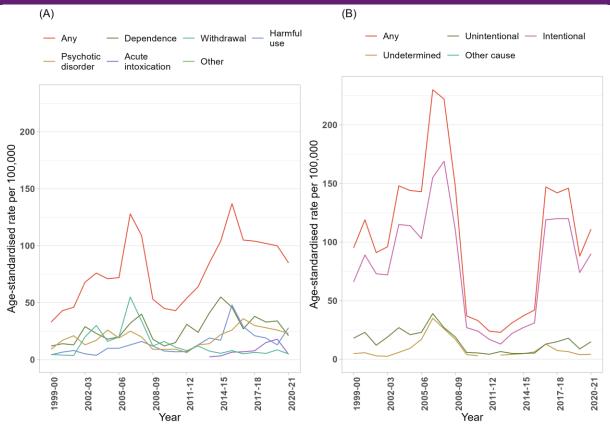
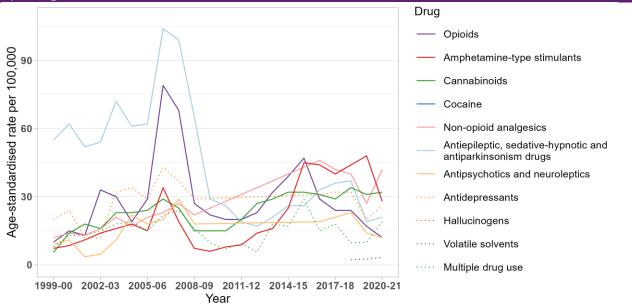


Figure 4. Age-standardised rate per 100,000 people of drug-related hospitalisations, by drug identified in the principal diagnosis, Tasmania, 1999-00 to 2020-21.



Note: Age-standardised rates were not calculated if the number of hospitalisations was less than or equal to 10 (please refer to our <u>methods</u> document for details). Suppressed data are visible as gaps in the data series.

Table A24. Age-standardised rate (per 100,000 people) of drug-related hospitalisations in 2020-21 and rate ratio and p-value for difference compared to 2019-20, in Tasmania by drug type identified in the principal diagnosis

Drug	Rate in 2020-21 (95% CI)	Rate in 2019-20 (95% CI)	Rate ratio (95% CI)	P-value
All drugs	197 (185, 210)	189 (177, 201)	1.04 (0.96, 1.14)	0.342
Non-opioid analgesics	42 (36, 48)	27 (23, 32)	1.53 (1.24, 1.91)	<0.001
Cannabinoids	32 (27, 37)	31 (27, 37)	1.02 (0.82, 1.28)	0.838
Amphetamine-type stimulants	28 (24, 34)	48 (42, 55)	0.59 (0.48, 0.73)	<0.001
Antidepressants	26 (22, 31)	20 (16, 24)	1.33 (1.02, 1.73)	0.034
Antiepileptic, sedative-hypnotic and antiparkinsonism drugs	21 (17, 25)	19 (15, 23)	1.10 (0.84, 1.44)	0.480
Multiple drug use	19 (15, 23)	9.9 (7.3, 13)	1.94 (1.37, 2.74)	<0.001
Opioids	12 (9, 15)	17 (14, 21)	0.69 (0.50, 0.96)	0.027
Antipsychotics and neuroleptics	12 (9, 15)	14 (10, 17)	0.87 (0.61, 1.23)	0 421
Volatile solvents	3.3 (1.9, 5.2)	2.5 (1.3, 4.4)	1.28 (0.62, 2.65)	0.505
Cocaine	*np	*np	-	-
Hallucinogens	*np	*np	-	-

Note: 95% confidence intervals for the age-standardised rate and rate ratio are shown in brackets. Please refer to our <u>methods</u> document on 'Presentation of results' for interpretation of rate ratios. Please also refer to our <u>methods</u> document on 'Scope of the data' and 'Coding of hospitalisations' for specifications of data selected and all exclusions. "\*np" means data not publishable due to small numbers.

For complete report on trends in drug-related hospitalisations in Australia please go to the <u>national report</u>.

# Acknowledgements

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### Data source

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We acknowledge the traditional custodians of the land on which the work for this report was undertaken. We pay our respects to Elders past, present, and emerging.

## **Related Links**

- Hospitalisations data visualisations: <a href="https://drugtrends.shinyapps.io/hospital-separations">https://drugtrends.shinyapps.io/hospital-separations</a>
- Hospitalisations methods document: <a href="https://ndarc.med.unsw.edu.au/resource-analytics/trends-drug-related-hospitalisations-australia-1999-2021">https://ndarc.med.unsw.edu.au/resource-analytics/trends-drug-related-hospitalisations-australia-1999-2021</a>
- For other Drug Trends publications on drug-related hospitalisations and drug-induced deaths in Australia, go to: <a href="https://ndarc.med.unsw.edu.au/project/national-illicit-drug-indicators-project-nidip">https://ndarc.med.unsw.edu.au/project/national-illicit-drug-indicators-project-nidip</a>
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- For more information on ICD coding go to: <a href="http://www.who.int/classifications/icd/en/">https://www.ihacpa.gov.au/resources/icd-10-amachiacs-eleventh-edition</a>
- For more research from the Drug Trends program go to: https://ndarc.med.unsw.edu.au/program/drug-trends

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Please contact the Drug Trends team with any queries regarding this publication: <a href="mailto:drugtrends@unsw.edu.au">drugtrends@unsw.edu.au</a>.