

# Alprazolam use in Australia and policy approaches: watch this space

Barbara de Graaff, Amy Peacock, Raimondo Bruno School of Psychology, University of Tasmania Barbara.deGraaff@utas.edu.au



### Faculty of Health



#### Introduction

- High rates of prescription use and notable instances of extra-medical use of alprazolam in Australia in recent years.
- Alprazolam use (including injecting) associated with vascular and tissue damage, overdose, disinhibition of behaviour with negative consequences, and anterograde amnesia.
- TGA will reschedule alprazolam from an S4 to S8 drug from January 1, 2014.
- In 2007, following increased reports of misuse and harms associated with alprazolam use, the Tasmanian PSB introduced a policy to reduce alprazolam prescriptions.



### Faculty of Health



#### Introduction

- High rates of prescription use and notable instances of extra-medical use of alprazolam in Australia in recent years.
- Alprazolam use (including injecting) associated with vascular and tissue damage, overdose, disinhibition of behaviour with negative consequences, and anterograde amnesia.
- TGA will reschedule alprazolam from an S4 to S8 drug from January 1, 2014.
- In 2007, following increased reports of misuse and harms associated with alprazolam use, the Tasmanian PSB introduced a policy to reduce alprazolam prescriptions.

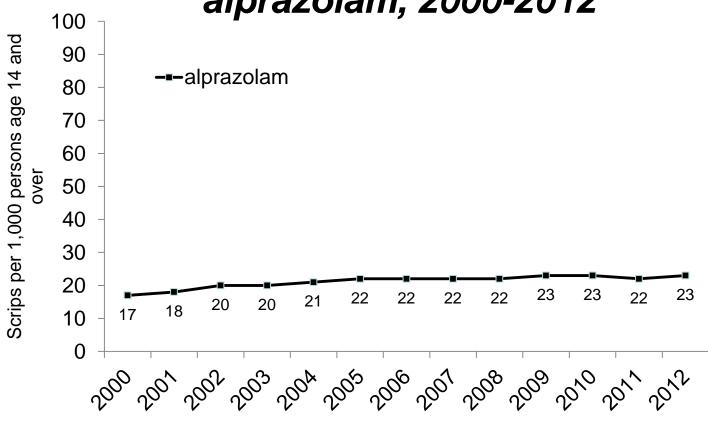
#### **Aim**

- Brief overview of national alprazolam consumption, with a specific focus on rates of use amongst IDRS participants.
- The Tasmania experience of restricting access to alprazolam will be examine using data from the Tasmanian IDRS study.





## National PBS and RPBS prescriptions for alprazolam, 2000-2012

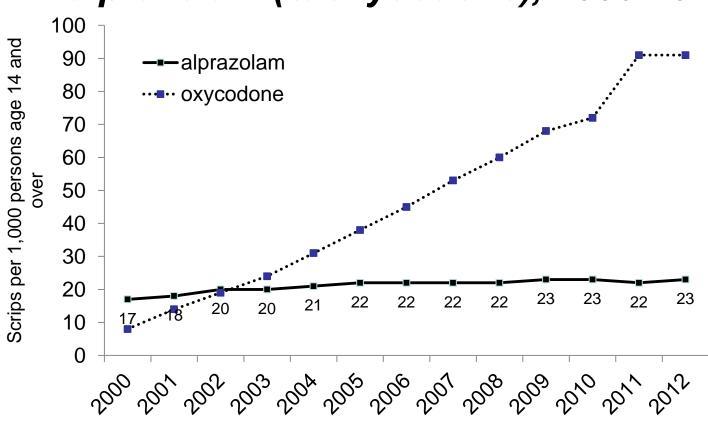


Source: Medicare/PBS website





## National PBS and RPBS prescriptions for alprazolam (& oxycodone), 2000-2012

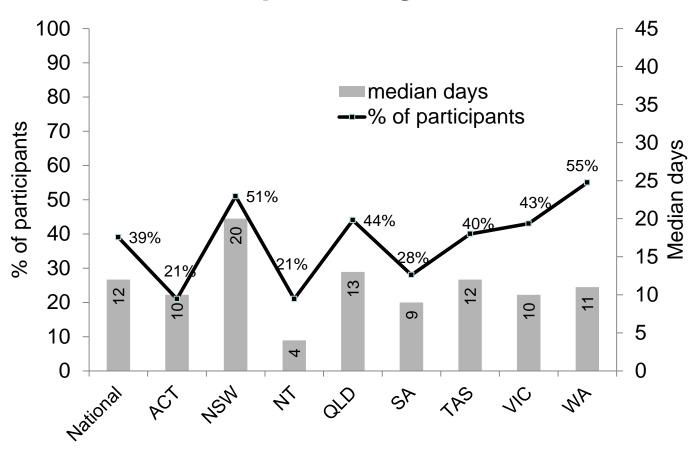


Source: Medicare/PBS website





## Use of any alprazolam amongst IDRS participants in the preceding 6 months, 2013

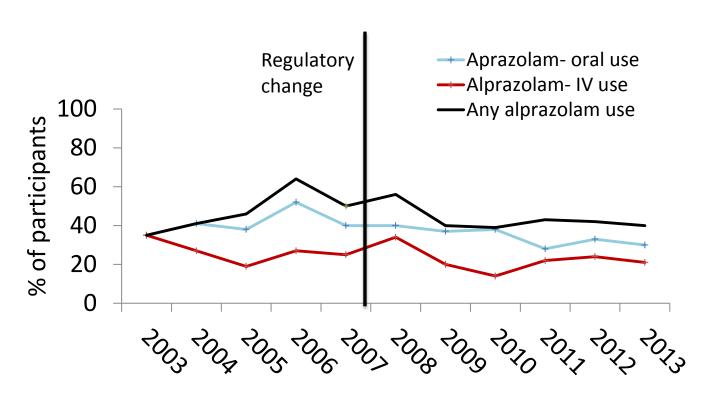




Source: IDRS PWID interviews



### Use of any alprazolam and amongst TAS IDRS, 2003-2013

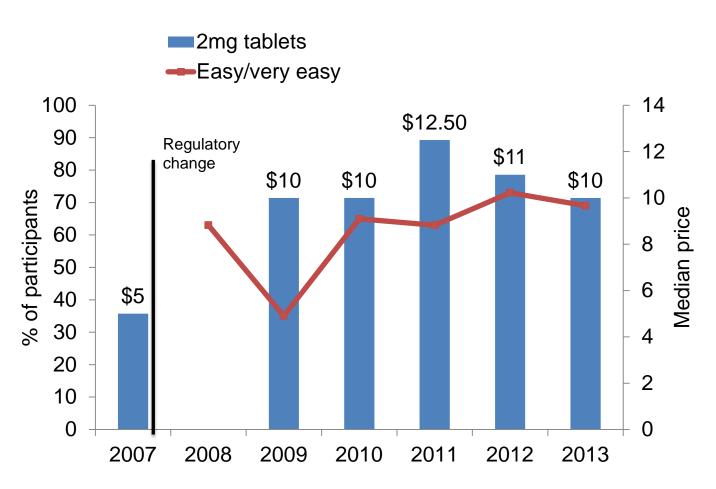




Source: IDRS PWID interviews



#### Price and availability of illicit alprazolam in TAS





Source: IDRS PWID interviews



### The balloon-like properties of the drug market

