

UNSW
Medicine & Health
**OPTOMETRY AND
VISION SCIENCE
WELCOME**



Welcome to Commencing Students 2023

Head of School: Professor Lisa Keay

Website: <https://www.optometry.unsw.edu.au/>

Facebook SOVS: <https://www.facebook.com/UNSWOptom/>

Facebook Clinic: <https://www.facebook.com/UNSWoptometryclinic>

Twitter: @unswoptomvsci

LinkedIn: Search UNSW School of Optometry and Vision Science

Welcome to UNSW Sydney!

Term 1 Online Orientation



Welcome to Commencing Students

- COVID Safe Return to Campus Guidance and FAQ's [Safe Return to Campus | COVID-19 \(novel coronavirus\) - UNSW Sydney](#)
- Introduction to School
- First year course coordinators
- Introduction to School staff
- Useful information and advice
- Student Society/Peer Mentor Program
- Tours
- BBQ at the Physics Lawn

School of Optometry and Vision Science

- Largest in Australasia
- Features
 - Undergraduate education
 - Bachelor of Vision Science
 - Accredited programme
 - Bachelor of Vision Science/Master of Clinical Optometry
 - Postgraduate education
 - Orientation and Mobility
 - Higher Degree Research
 - Doctor of Clinical Research in Optometry
 - UNSW Optometry Clinic
 - Optics and Radiometry Lab (ORLAB)
 - Centre For Eye Health (CFEH)
 - Brien Holden Vision Institute (BHVI)



Research Excellence

Merits/Awards for Research 2022

➤ **Benchmarking:**

- UNSW School of Optometry and Vision Science ranked as the second top School globally for Optometry
- Scientia Professor Fiona Stapleton named as the top researcher for Ophthalmology and Optometry in Australia as reported in the Australian newspaper for third year running based on publications and citations
- UNSW School of Optometry and Vision Science recognised as the top institution globally for contact lens research
- Scientia Professor Fiona Stapleton, Professor Mark Willcox and Scientia Associate Professor Nicole Carnt ranked as #2, #4 and #8 respectively globally in contact lens research and many other School academics ranked in the top 50 world rankings

➤ **Publications:**

- 260 peer reviewed papers from members of SOVS in 2022

➤ **Grants:**

- \$2.95M in research grants for 2022

➤ **UNSW Award:**

- Associate Professor Maria Markoulli: UNSW ARC/Postgraduate Research Council Postgraduate Supervisor Award

➤ **National Awards:**

- Associate Professor Maria Markoulli awarded a special commendation for the 2022 Australian Council of Graduate Research Award for Excellence in Graduate Research Leadership
- Professor Isabelle Jalbert: Awarded a 2021 citation for Outstanding Contributions to Student Learning as part of the Australian Awards for University Teaching (AAUT) program
- Dr Jack Phu et al received the J Lloyd Hewett award from the Clinical and Experimental Optometry journal for their paper titled 'A collaborative pathway for patients with suspected angle closure glaucoma spectrum disease'.

➤ **International Awards:**

- Grant Hannaford named the 2022 International Optician of the Year
- Scientia Professor Fiona Stapleton, recipient of the 2022 Richard and Lenora Hill Medal, Ohio State College of Optometry
- Dr Jack Phu: American Academy of Optometry Irvin M and Beatrice Borish Award recognising an outstanding young scientist conducting independent research
- Professor Lisa Keay, Association for Research in Vision and Ophthalmology Silver Fellowship
- Professor Mark Willcox received the Ruben Medal from the International Society for Contact Lens Research for his outstanding contributions to the field of contact-lens research

Engagement

- Alumni CPD Evenings & Workshops (hybrid for 2023)
- Alumni Newsletter (found on our website)
- Social Media – Facebook/Twitter/LinkedIn
- Outreach Activities
- Engagement with the Profession



UNSW Optometry and Vision Science

Published by Nicola Rogers-Kapo · 14 April 2022 ·

This week we thanked and acknowledged our Peer Mentors for taking the time out of their schedules to mentor our first year students throughout Term 1.

I'm sure that all of the Peer Mentors who have helped out this year have found it to be a really rewarding experience.

If you are going into Stage 4 next year and are considering the Peer Mentor program, see link for further information: <https://www.optometry.unsw.edu.au/.../peer-mentoring-program>

#peermentors #UNSWSOVS

UNSW Optometry and Vision Science Student Society



UNSW Optometry and Vision Science

4 January at 12:02 ·

Happy new year everyone!

We are delighted to introduce to you our 2023 Optometry & Vision Science Society Executive Team:

- President: Fiona Gold
- Vice President: Ridwan Usamah
- Treasurer: Jacob Escalada
- Secretary: Reynard Tay
- Events Coordinator: William Dao
- Marketing Director: Justine Mai

We sincerely thank our 2022 Executive Team: Karuna Darvesh, Lucy Nguyen, Johnson Tran, Nhi Nguyen, Zhilin Choo and Sylvia Wang and wish them all the best as they embark on their careers as Optometrists.



Follow us on our Social Media Platforms

<https://www.facebook.com/UNSWOptom/>

Twitter: @unswoptomvsci

LinkedIn: UNSW School of Optometry and Vision Science Group

Programmes

Bachelor of Vision Science

Year 1: Enabling Sciences, Introduction to Vision Science and Optometry

Year 2: Foundation knowledge in Optometric disciplines: Optics, Anatomy and Physiology, Diseases, Dispensing, Vision Science, introduction to clinical skills.

Year 3: Disciplinary knowledge in Optometry, diseases and Vision Science



Master of Clinical Optometry

Honours

EXIT

Year 4: Advanced disciplinary knowledge in Optometry and clinical practice.

Year 5: Research Project, Clinical Practice and Ocular Therapeutics.

Year 4: Research Project, Seminars in Vision Science.

Vision Science Stream in 4500

- Ophthalmic technology
- Employment in the ophthalmic industries
- Eye and vision research

EXIT

- Optometric Practice
- Employment in the Optometric industry
- Public health
- Coursework programs

Higher Degree Research

**Master of Science
Doctor of Philosophy**

Alternative Entry – Transfer from the UNSW Bachelor of Vision Science program

To be considered for entry into the MClinoptom, students must maintain at least an overall CREDIT average (65.00% WAM) in the BVisSci.

BVisSci graduate students may wish to apply for Science honours program.

Police Check and Vaccination Requirements

Students entering the Master of Clinical Optometry are required to submit a Police Check and Vaccination Records. Students progressing to the Master of Clinical Optometry will be provided with further information in the Year 3 of Bachelor of Vision Science studies. If you have any questions please contact the Clinical Placements Coordinator, Ms Michelle Bonanno.



Work Integrated Learning

Work Integrated Learning (WIL) Opportunities.

- From 2023, Bachelor of Vision Science students in their 2nd and 3rd years of studies may wish to apply for WIL opportunities to gain work experience in the vision science and ophthalmic industry.
- Students may enrol in Career Development Courses (CDEV) and undertake a placement (individual or group work) for a term (6UoC) or across terms (12UoC) at an affiliated industry/organisational partner **as part of their Gen Ed elective(s)**.
- Students will need to apply to the school and undergo a selection process which may include an interview.
- Opportunities exist for work experience with commercial enterprises (e.g., ophthalmic-related technologies and pharmaceuticals) and non-profit organisations that provide support for those with visual impairment.

Contact Information:

- Associate Professor Sieu Khuu: s.khuu@unsw.edu.au (School Lead)
- Dr. Suzanne Schibeci: suzanne.schibeci@unsw.edu.au (CDEV coordinator)

FIRST YEAR COURSES

School of Mathematics and Statistics

Dr Joshua Capel



**MATH1031 Mathematics for Life Sciences or
MATH1131 Mathematics 1A or
MATH1141 Higher Mathematics 1A**

(Recommended enrolment in Term 1)

Dr Joshua Capel

Rm 5107, The Red Centre

Course convenor of MATH1031

**A/Prof Jonathan
Kress**



Associate Professor Jonathan Kress

Level 3, Rm 3073, The Red Centre

ug.MathsStats@unsw.edu.au

<http://www.maths.unsw.edu.au>

Course Convenor of MATH1131 and MATH1141

1. See: <http://moodle.telt.unsw.edu.au/my/>
2. Lectures start week 1
3. Tutorials start in week 1 and run to week 10

School of Physics

Dr Kate Jackson



**Prof Elizabeth
Angstmann**



PHYS1111 Fundamentals of Physics or PHYS1121 Physics 1A or PHYS1131 Higher Physics 1A

- Lab classes start in week 2 for PHYS1111, PHYS1121 and PHYS1131, you need a lab manual and covered shoes. Lectures and problem-solving workshops (OTH) start in week 1.
- All labs and problem-solving classes (tutorials) are face-to-face, for PHYS1111 lectures are hybrid, for PHYS1121 and 1131 you can choose between face-to-face and asynchronous online lectures.
- First Year Lab is situated in Rooms 112-115 in Old Main Building.
- All the information about these courses are on the course Moodle sites.

Contact Information:

- **Kate Jackson:** kate.jackson1@unsw.edu.au
- **Elizabeth Angstmann:** e.angstmann@unsw.edu.au

School of Chemistry

CHEM1011 Chemistry 1A: Atoms, Molecules and Energy

([Recommended enrolment in Term 2](#))

Dalton Building 132

s.maisey@unsw.edu.au

Dr Shannan Maisey



1. See information on 'Moodle' for the course outline, schedule and FAQs
2. Buy CHEM1011/CHEM1031/CHEM1051 combined Lab Manual from UNSW Bookshop or download and print them from Moodle
3. Lectures, Other Components, Labs and Tutorials start Week 1. Do the Safety & Ethics pre-lab before your first lab
4. There is a Chemistry diagnostic test as well as a learning module that covers all the core aspects of assumed knowledge for our mainstream CHEM1A (and similar) courses. I would encourage you to explore these resources as a means to identify if you may need to take CHEM1001 Introductory Chemistry in T1, and the areas of assumed knowledge you need to brush up on before commencing your studies with us.

How to access the diagnostic test and resources

- Click on the link to navigate to the course
<https://moodle.telt.unsw.edu.au/enrol/index.php?id=73166>
- If you are not logged onto Moodle you will need to enter your zID and Zpass.
- To access the course, you will need to self-enrol
 - Use the Student Key: Science1stYearDiagnostics

School of Chemistry

A/Prof Graham Ball



CHEM1829 Biological Chemistry for Optometry ([Term 3](#))

Chemical Sciences (F10) Room 1008

g.ball@unsw.edu.au

1. Buy CHEM1829 Lab Manual from UNSW Bookshop.
2. See information on 'Moodle' for course information
3. Lectures, Other Components, Labs and Tutorials start Week 2. Do the Safety & Ethics pre-lab before your first lab



UNSW
SYDNEY

School of Biotechnology and Biomolecular Science

Mr Ryan Salinas



Dr Rebecca LeBard



BABS1201 Molecules, Cells and Genes
([Recommended enrolment in Term 1](#))

Contact Information:

Mr Ryan Salinas r.salinas@unsw.edu.au

Dr Rebecca LeBard r.lebard@unsw.edu.au

“Welcome to UNSW and congratulations on what you have achieved to be here in Optometry and Vision Science. Molecules, cells and genes is a fascinating course that examines many aspects of life at a microscopic level. I hope you find the experience rewarding and the information interesting. I look forward to meeting you in your lectures and practicals, and wish you an exciting first session at university this year.”

School of Optometry and Vision Science

Academic Staff

Dr Vanessa Honson



Lecturer

- Seeing the World Perspectives from Vision Science
- The Clinical Environment

Room 1.064 Phone: 9065 9936

v.honson@unsw.edu.au

School of Optometry and Vision Science

Academic Staff

A/Prof Juno Kim



Lecturer

- Seeing the World Perspectives from Vision Science
- Ocular Imaging and Applied Vision Science

Room 3.006

x57474

juno.kim@unsw.edu.au

School of Optometry and Vision Science

Academic Staff



Senior Lecturer

Director ORLAB

- Geometrical and Physical Optics
- Visual Optics
- Ocular Imaging and Applied Vision Science

Room 3.032

Ph:9065 1496

Maitreyee.roy@unsw.edu.au

Year 2 Courses

Dr Vanessa Honson



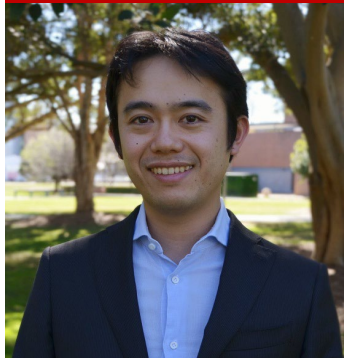
Clinical Environment

Dr Lisa Nivison-Smith



Ocular Anatomy and Physiology

Dr Nayuta Yoshioka



Dispensing

Mr Grant Hannaford



Dispensing

A/Prof Sieu Khuu



Vision Science

Year 3 Courses

A/Prof Nicole Carnt



Ocular Diseases

A/Prof Michele Madigan



Ocular Diseases

Dr Revathy Mani



Vision Science and Binocular Vision

A/Prof Juno Kim



Vision Science

Dr Jerome Ozkan



Clinical Environment

Year 1 MCOptom Courses

Dr Vinod Maseedupally



Contact Lenses

A/Prof Isabelle Jalbert



Ocular Therapeutics

Dr Angelica Ly



Ocular Therapeutics

A/Prof Maria Markoulli



Optometry

Dr Kathleen Watt



Optometry

Dr Pauline Kang



Optometry

Ms Donna LaHood



Professional Optometry

Year 2 MCOptom Courses

Scientia Prof Fiona Stapleton



**Ocular
Therapeutics**

Dr Sharon Oberstein



Advanced Skills Optometry

Prof Mark Willcox



**Final Year Research
Project**

Dr Kathleen Watt



Optometry

Ms Lily Ho



Optometry

Hon A/Prof David Pye



- Clinical Placements and Preceptorships
- Advanced Contact Lens Clinic
- Ocular Therapeutics

UNSW Optometry Clinic

Full Scope Optometry Clinic

- Available to the public, students, staff
- Students are an integral part of delivering excellence in clinical training

Clinics on site

- Contact Lenses
- Children's Vision
- Colour Vision
- Low Vision
- Myopia Clinic
- Ocular Pathology
- Red Eye
- Vision Training
- Dry Eye Clinic
- Advanced Contact Lenses Clinic



- Provides **clinical experience** for Stage 4 and 5 students
- Over **5500** student **consultations** in 2022
- On site clinics and outreach clinical placements:
 - Stewart House, POW Diabetes Clinic, Guide Dogs, School Screening and POW Eye Clinic
 - Centre for Eye Health, Hobart Hospital
 - Rural preceptorships and international preceptorships
 - Private practice placements
 - Ophthalmology and dermatology clinic and surgical placements



The poster features a woman with long brown hair wearing a black hat and a black leather jacket, holding two red heart-shaped sunglasses. The background is a mix of red, white, and grey curved shapes. In the top left corner, the UNSW Sydney logo is displayed with the text 'Australia's Global University'. A large white circle in the center contains the text 'FREE COMPREHENSIVE EYE EXAMS'. Below this, a yellow circle says 'LOCATED ON UNSW KENSINGTON CAMPUS'. To the right of the yellow circle, a red circle says '20% OFF ALL PURCHASES'. At the bottom, the text 'Everyone welcome' is written in a simple font.

UNSW SYDNEY | Australia's Global University

FREE
COMPREHENSIVE
EYE EXAMS

20%
OFF ALL
PURCHASES

LOCATED
ON UNSW
KENSINGTON
CAMPUS

Everyone welcome

UNSW Optometry Clinic



Dr Kathleen Watt
**Clinic Director/
Senior Lecturer**



Lily Ho
Senior Lecturer



Anthony Chapman-Davies
Senior Lecturer



Nikki Delaveris
Lecturer



Dr Sharon Oberstein
Senior Lecturer



Dr Vanessa Honson
Lecturer



Rebecca Dang
Lecturer



Amanda Lea
Lecturer

UNSW Optometry Clinic



Emilie Ross
Lecturer



Lisa Feng
Lecturer



Regina Chapman-Davies
Lecturer



Eihab Eltantawy
Lecturer



Nathan Ho
Lecturer



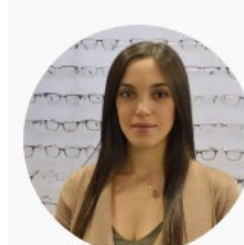
Elena Larocca
Lecturer



UNSW Optometry Clinic



Tracy Kane
School & Clinic Manager



Alyssa Collet
Clinic Receptionist
& Optical Dispenser



Katariina Pakarinen
Clinic Receptionist
& Optical Dispenser



Daniel Pua
Clinic Receptionist



Jasmine Larden
Clinic Receptionist
& Optical Dispenser



Rhonda Howe
Clinic Receptionist
& Optical Dispenser



Debbie Huber
Optical Dispenser



Melanie Hull
Clinic Receptionist
& Optical Dispenser

UNSW Optometry Clinic

We are excited to welcome you to experience the UNSW Optometry Clinic

Book an eye examination with us in Term 1

- Eye examination
- Contact lens clinic

Book online:

[Book an appointment | School of Optometry & Vision Science - UNSW Sydney](#)

Limited appointments each week
Cancellation policy



School of Optometry and Vision Science

Professional & Technical Staff

School Manager
Tracy Kane



Project Officer/EA
Nicola Kapo



Undergraduate/MClinOptom
Michelle Wanandy



Clinical Placements
Michelle Bonanno

HDR Coordinators

Vicky Sawatt
Ina Ismail

**Postgraduate Teaching
Support Team**

Marcelle Runkat
Maria Kim



**Technical
Laboratory Manager**
Dale Larden

**Student
and
Teaching Services**



Technical Assistant
Paul Zytnik

School of Optometry and Vision Science Support Team



Patricio Rodriguez
Computer Systems Officer
Specialist Technology Support



Lynn Guan
Analyst
Management Reporting and Analysis

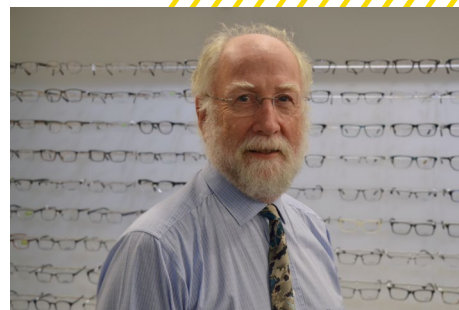


Optics & Radiometry Laboratory

- Colorimetric and photometric measurement and calibration
- Product testing (sunglasses, eye protection, traffic signals, window glass, traffic signals, vehicle lights, road signs, high visibility materials)
- OMB LG22



Dr Maitreyee Roy
Director
ORLAB



Stephen Dain
Emeritus Professor
Consultant



Brian Cheng
Measurement, Calibrations
& Quality Coordinator



Olga Pitt
Customer Services
Officer



Muhammad Kaleem
Technical Officer



Ash Ang
Technical Officer



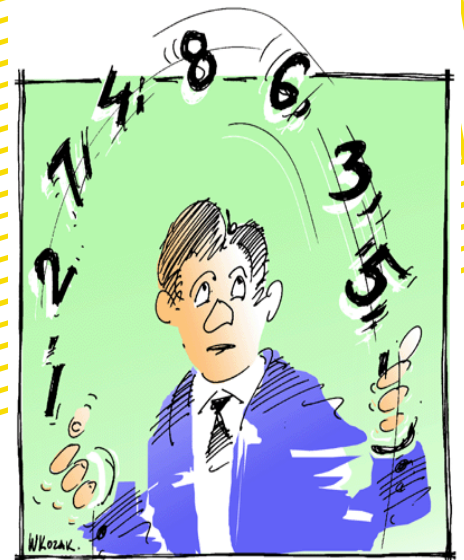
Shamit Vishal Mani
Technical Assistant



UNSW
SYDNEY

Now you are here.....

- Welcome and congratulations!
- We, the Faculty and UNSW are here to support you
 - Progression is not automatic in optometry program
 - Credit average required to progress
- Vision Science transfer at the end of Stage 3
 - Marks based, written application and interview
- Help and resources
 - School staff – coordinators, advisers and administrative staff
 - Student Optometry Society (OptomSoc)
 - Peer mentors
 - UNSW resources



UNSW encourages students and staff to follow the advice of the World Health Organisation

For more information please visit:
unsw.to/coronavirus

Protect others from getting sick

When coughing and sneezing
cover mouth and nose with
flexed elbow or tissue



Throw tissue into closed bin
immediately after use

Clean hands with alcohol-based
hand rub or soap and water
after coughing or sneezing and
when caring for the sick



What should you do if...?

You have academic/progression issues...

- See the academic staff concerned
- See the course convenor
- See the Student Adviser
- See the Head of School



A/Prof Michele Madigan
Student Adviser

Sooner rather than later!

What should you do if...?

You have medical/personal issues ...

- Submit a 'special consideration form' through myUNSW

You must apply for Special Consideration **before** the start of your exam or due date for your assessment, except where your circumstances of illness or misadventure stop you from doing so.

If your circumstances stop you from applying before your exam or assessment due date, you must **apply within 3 working days** of the assessment or the period covered by your supporting documentation.

- We and UNSW look closely at the details
- Genuine cases are accepted
- We do not accept online medical certificates
- Advise the course convenor
- Talk to the Student Adviser if you need further assistance
- Equitable Learning Services (previously known as Disability Support Services)

What should you do if...?

There are general program/other issues...

- Speak with professional staff or academic staff coordinator
- Talk to your year representatives
 - You are likely to not be the only one
 - May be able to solve it or respond appropriately
 - May bring it to the regular meeting they have with the Head of School
 - School Board



Michelle Wanandy
Undergraduate/MClinOptom
Teaching Support



Dr Vinod Maseedupally
Undergraduate/Master of Clinical Optometry Coordinator

Study or other difficulties

UNSW Academic Skills Support:

- <https://www.student.unsw.edu.au/skills>

UNSW Psychology and Wellness:

- <https://www.student.unsw.edu.au/counselling>

Equity Diversity and Inclusion Committee :
Undergraduate/Master of Clinical Optometry

Representative: Fiona Gold

First Responder Sexual Assault:

[https://www.unsw.edu.au/planning-assurance/
conduct-integrity/gendered-violence/
find-first-responders](https://www.unsw.edu.au/planning-assurance/conduct-integrity/gendered-violence/find-first-responders)

First Responders Mental Health and Well Being:

Dr Maria Markoulli/Dr Dale Larden/Ms Kat Pakarinen/Ms Nicola Kapo

Grievances

- School Grievance Officer: A/Prof Sieu Khuu
 - [\(s.khuu@unsw.edu.au\)](mailto:s.khuu@unsw.edu.au)

Room 3.028 x54620

- Take it to (as applicable)
 - the Course Convenor
 - the Grievance Officer
 - the Head of School
 - the Registrar

- UNSW administration
 - Student Complaints and Appeals
<https://www.unsw.edu.au/planning-assurance/conduct-integrity/complaints-unsw/student/student-complaints>

A/Prof Sieu Khuu



Sometimes

Life can be difficult at times

- Personal
- Family

UNSW understands

- Equity unit
- Special considerations
- Check info in course outline

Communication

- University email
- Moodle
- Optometry and Vision Science web page

Website: <https://www.optometry.unsw.edu.au/>

<https://www.facebook.com/UNSWOptom/>

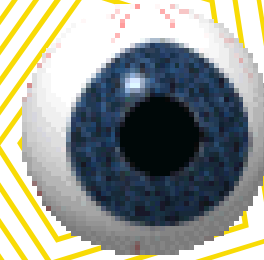
<https://www.facebook.com/UNSWoptometryclinic/>

Twitter: @unswoptomvsci

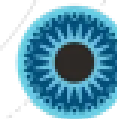
LinkedIn: UNSW School of Optometry and Vision Science Group

Our Aim

- ✓ To help you to develop relevant skills and experiences
- ✓ To prepare you for an interesting and rewarding career
- ✓ To make the University experience enjoyable
- ✓ To encourage you to remain connected as one of our alumni



GIVING SIGHT SOCIETY



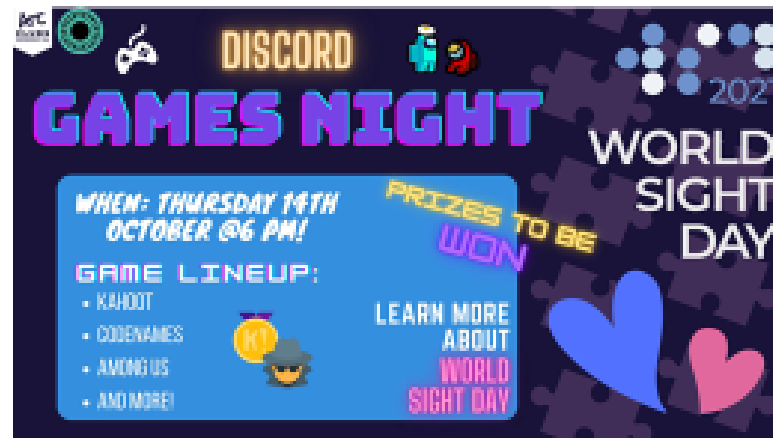
Who are we?

A charity society that aims to eliminate avoidable blindness and low vision impairments around the globe!




What do we do?

Fundraising and raising awareness



How do you join?



UNSW Giving Sight Society
@giving sightunsw - Community

[Send Message](#)

[SpArc](#) [Home](#) [My Club](#) [Volunteer's Toolkit](#) [Events](#) [Bookings](#) [My Profile](#) [Update Profile](#)

Giving Sight [Update Membership](#)

Giving Sight

Giving Sight utilises a series of social businesses of global accessible businesses and vision impairment in UNSW. The club includes fundraising events, notably taking part in the major campaign World Sight Day coordinated by Optometry Giving Sight in order to raise funds for projects that seek to enhance worldwide accessible businesses.

| Membership Fees | |
|------------------|-----|
| Any Member | \$0 |
| Non-Any Member | \$0 |
| Associate Member | \$0 |

| Category | |
|---------------------------|---|
| Charity/Community Service | |
| Website | http://www.facebook.com/unswworldsightdayunsw |
| Email | unswworldsightday@gmail.com |
| Facebook Page | http://www.facebook.com/unswworldsightdayunsw |
| Facebook Group | |

Applications for subcommittee and executive positions opening In Week 1!

JOIN US!

Facebook:
**[www.facebook.com/
givingsightunsw](http://www.facebook.com/givingsightunsw)**

SpArc: **Giving Sight**

Email us:
unswgivingsight@gmail.com



RURAL ALLIED HEALTH AND MEDICAL SOCIETY





UNIVERSITY OF NSW

RURAL ALLIED HEALTH AND MEDICAL SOCIETY

WHO ARE WE?

- EXERCISE PHYSIOLOGY
- MEDICAL SCIENCE
- MEDICINE
- OPTOMETRY AND VISION SCIENCE
- PUBLIC HEALTH
- PSYCHOLOGY
- SOCIAL WORK



UNIVERSITY OF NSW RURAL ALLIED HEALTH AND MEDICAL SOCIETY

WHAT EVENTS DO WE RUN?

- *Indigenous Festivals
- *Rural High School Visits
- *Clinical Skills Nights
- *Rural Appreciation Weekend





WE WANT EWE!



UNIVERSITY OF NSW

RURAL ALLIED HEALTH AND MEDICAL SOCIETY

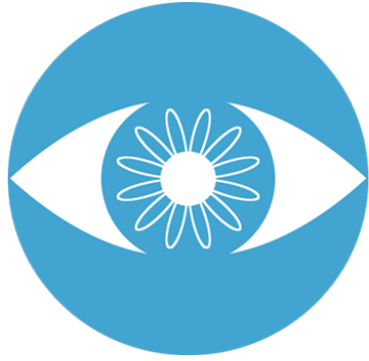
*Come have a chat to us at the stall and sign up to our newsletter!

*REGISTER at **WWW.nrhsn.org.au/rahms/**

*Follow us on **Facebook** and **Instagram**

***Questions?** Email president.rahms@gmail.com





UNIVERSITY OF NEW SOUTH WALES
OPTOMETRY AND VISION SCIENCE
SOCIETY

Welcome Day

Presented by Fiona Gold & Reynard tay

ABOUT US

Representative student body for all
Optometry and Vision Science students.

Consists of an executive team of 5th year
students and FOUR year representatives from
1st to 4th year.

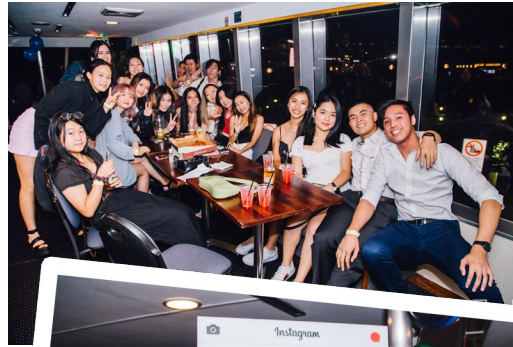
We strive to provide educational support and
networking opportunities to students.



Photo: UNSW OptomSoc Executive Team 2023

L to R: Justine Mai (Marketing Director), Reynard Tay (Secretary), Ridwan Usamah (Vice-President), Fiona Gold (President), Jacob Escalada (Treasurer) and William Dao (Events Coordinator)

EVENTS



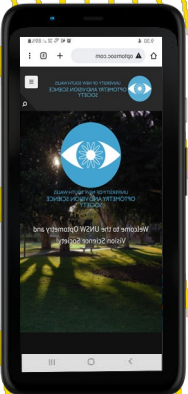
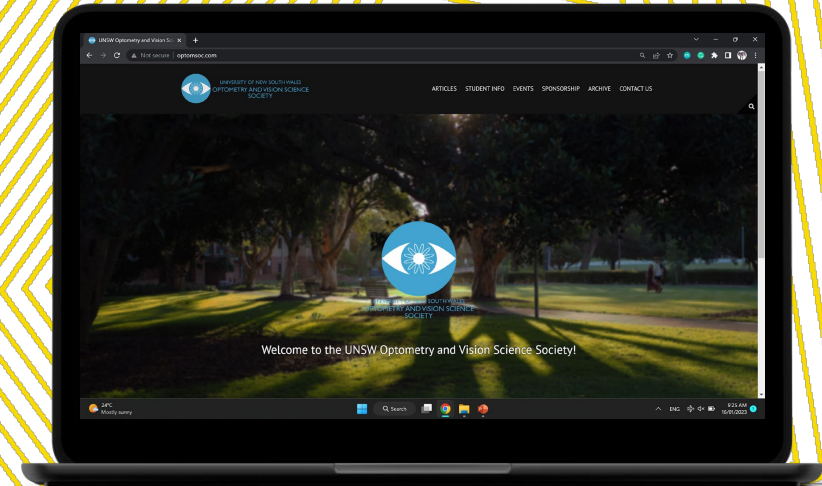
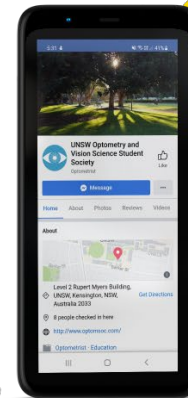
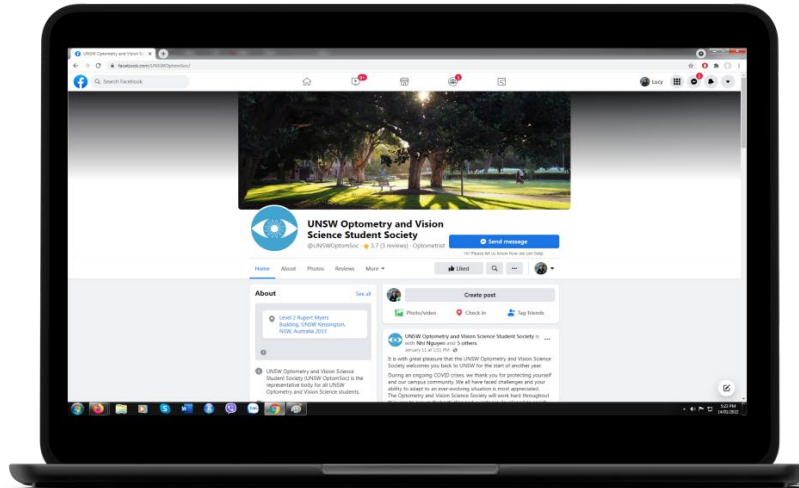
SPONSORED EVENTS

The first of which will be straight after
your campus tours.

OPTOMETRY CRUISE

EYEBALL

STAYING CONNECTED

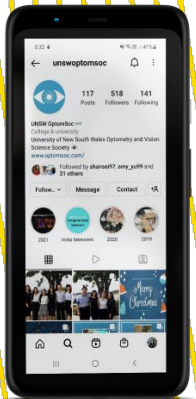
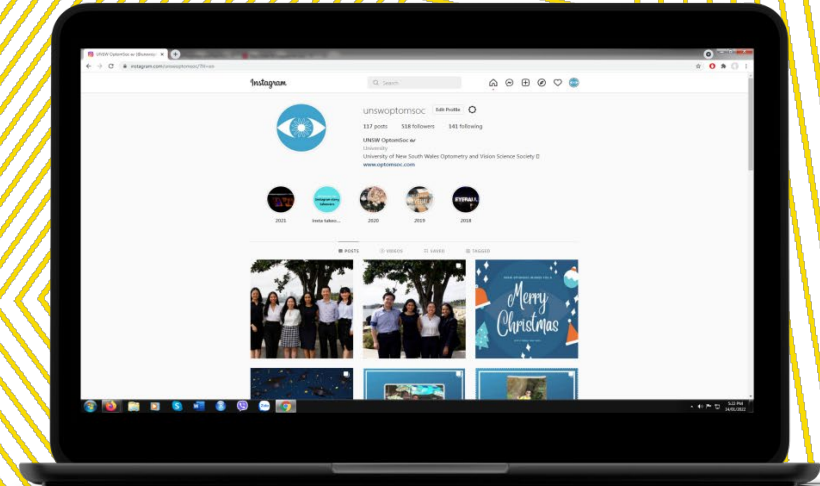
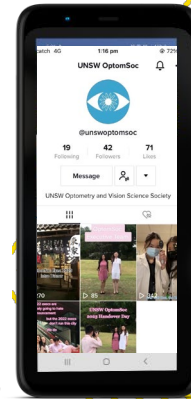
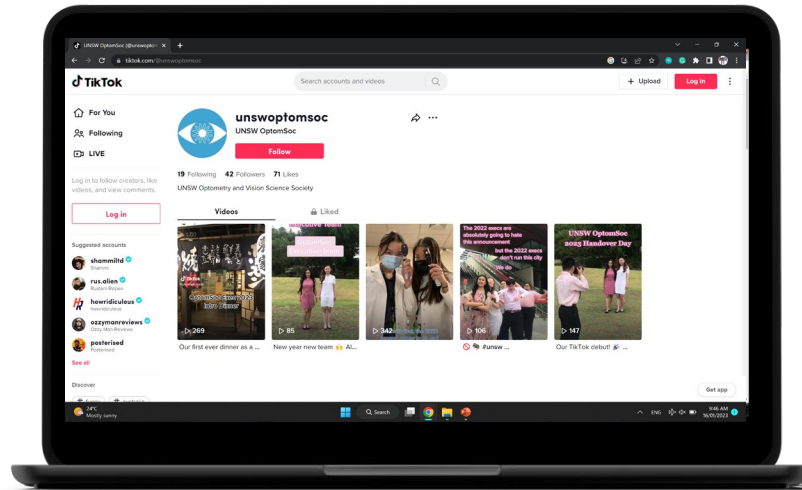


Facebook Page - UNSW Optometry
and Vision Science Student Society



Website: www.optomsoc.com

STAYING CONNECTED



TikTok: @unswoptomsoc



Instagram: @unswoptomsoc

Student Wellbeing and Action Group (SWAG)

Student-led Initiative specifically targeting wellbeing of Students.

Focused on Mental Health, Wellbeing and Connection with peers.

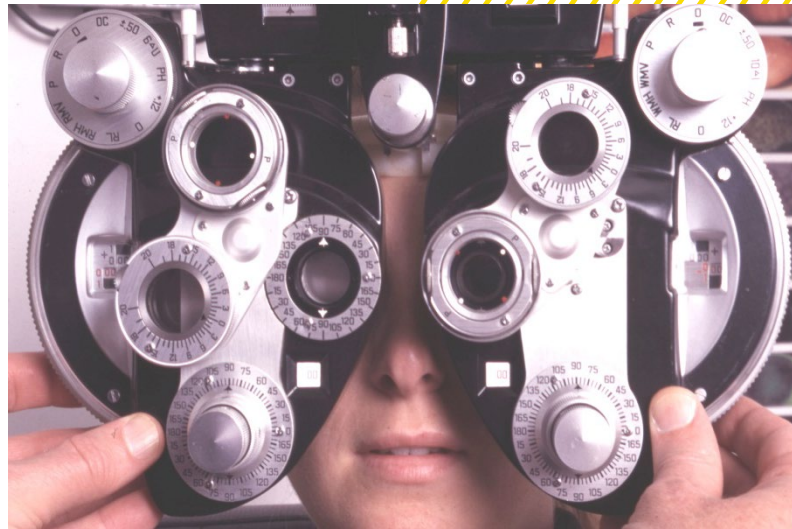
Dedicated to helping students transition from high school to University life through to Graduation.





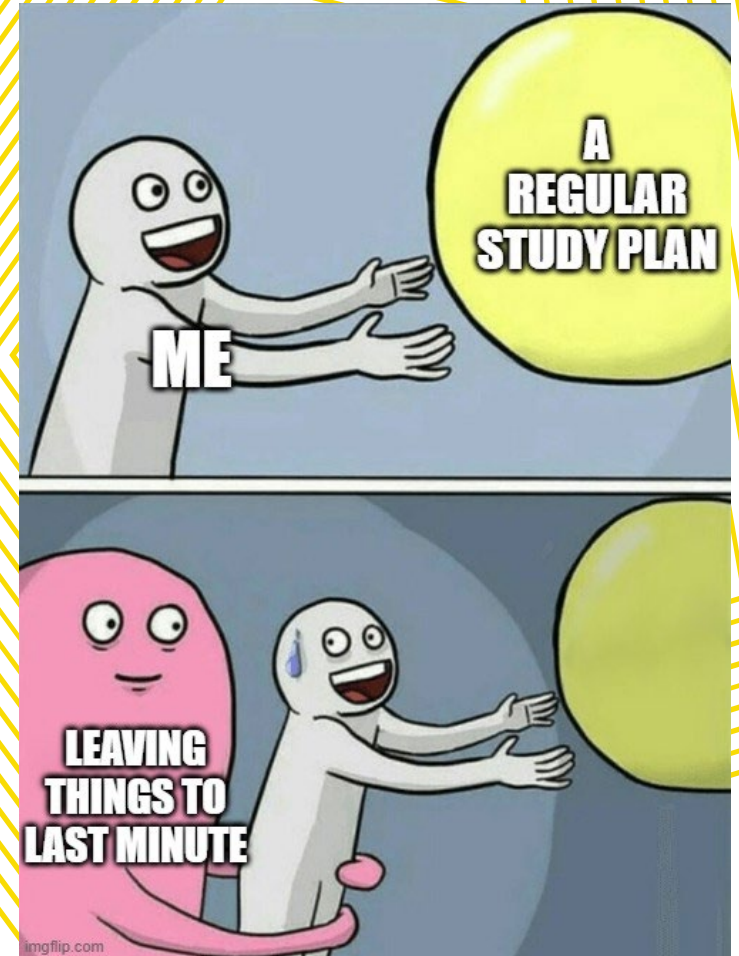
Peer Mentoring Sign Up and Helpful Links

2023 Peer Mentoring Program



University- very different to high school...

- Huge campus
- SO MANY resources...
- Different student expectation
 - Self-directed learning
 - “Student-Centric” learning models
- Are you the only one from your school?
- Commuting? Eating? Socialising? Wifi access?
- Interstate? International?



How can we make this easier?

Research and Development in Higher Education Volume 34

An exploratory investigation into first year student transition to university

Angela Bowles

University of Greenwich, Greenwich, UK
A.Bowles@greenwich.ac.uk

Alexandra Dobson

University of Wales, Newport, UK
Alexandra.Dobson@newport.ac.uk

Ron Fisher

Griffith University, Gold Coast, Qld, Australia
R.Fisher@griffith.edu.au

Ruth McPhail

Griffith University, Gold Coast, Qld, Australia
R.McPhail@griffith.edu.au

Table 1: Measures of Student perceptions of Enablers to Transition

| Measure | Description of variables |
|--------------|--|
| STUDY | Study skills, time management, willingness to seek assistance and guidance particularly from academic staff |
| EFFORT | Motivation, commitment, willingness to work hard and join the university culture. Motivated to interact with others |
| ORIENTATION | Found to be a useful precursor to studies. Effective in giving an opportunity to meet staff and student services |
| LEARNING@UNI | Accessibility or usefulness of university's web-based course systems and self-serve portals in transition to university |
| CULTURE | Feelings of belonging, value and culture associated with being a student at this particular university |
| FACILITIES | Adequacy of infrastructure in supporting transition, particularly parking, computer labs, study areas and wireless network |
| SOCIAL | Perception of the importance of regular and well publicised university led social events for developing friendships/networking |

the meaning of constituent variables. On inspection of the underlying meaning of the measures it was noted that students' willingness to seek academic support, the effort they put into transition, along with their desire for creating a sense belonging, as measured by STUDY, EFFORT and CULTURE, were student-centred or *intrinsic* measures (i.e. within the students themselves). Juxtaposed were university-led, *extrinsic* items that assisted transition, namely orientation, web-based course assistance, computer and study facilities, and university sponsored social events, as measured by ORIENTATION, LEARNING@UNI, FACILITIES and SOCIAL respectively. Descriptive statistics and correlation analysis of the seven

What supports are available?

SOVS Peer Mentoring

- Support group to enable transition from high school to university
- Limited emphasis on academic support...
- Protip: sign up right after this!

SOVS SWAG & PASS+ Program

- SWAG = Student Wellbeing Action Group
- PASS = Peer Assisted Student Support
 - Emphasis on academic support
- Online based (Discord server)
 - In-person meeting is planned (more details to come!)

SWAG & PASS

- SWAG Discord server
 - <https://discord.gg/wcJqKw3tMs>
- PASS chatrooms will be located here



Who are the peer mentors?

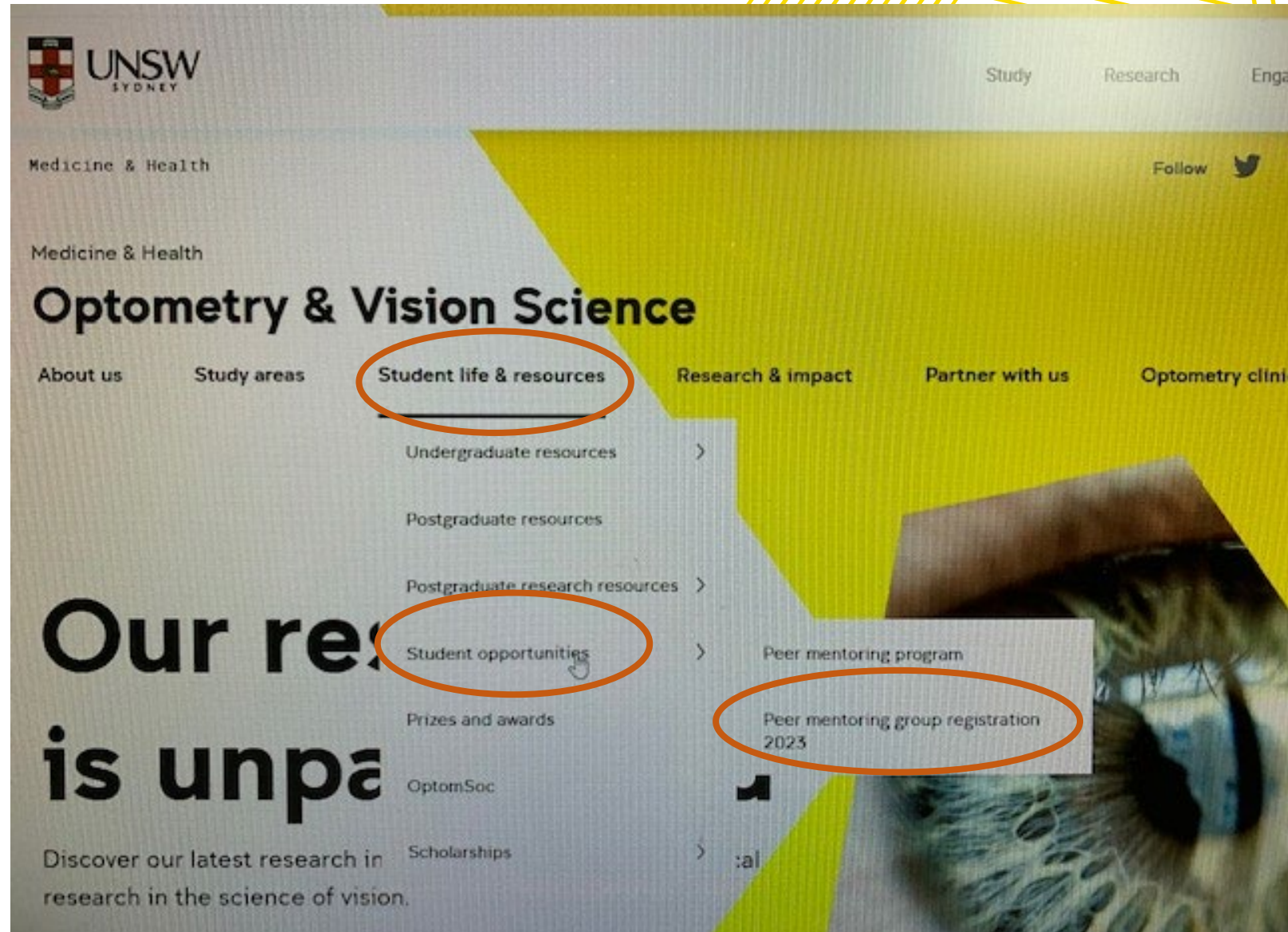
- **4th year students or 1st year of Master of Clinical Optometry students**
- **Selected to have leadership experience**
- **Have been trained by UNSW Counselling and Psychological Services to mentor 1st year students**

Sign-up today



- Tour today
 - outside this lecture theatre
 - For ALL students studying in our course/program
- Sign-up to the peer mentoring program at:
<https://www.unsw.edu.au/medicine-health/our-schools/optometry/student-life/student-opportunities/peer-mentoring-program-registration>
- Attend weekly meetings
- Enjoy university life

<https://www.unsw.edu.au/medicine-health/our-schools/optometry/student-life/student-opportunities/peer-mentoring-program-registration>



PEER MENTORS



Peer mentoring & settling into university



Meet the Mentors



Amy Odisho



Justin McNamara



Erika Raimoto



Sarah Joung



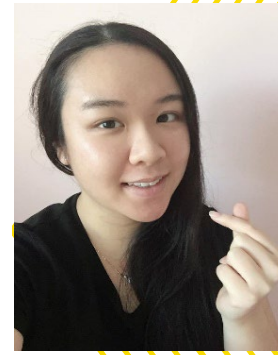
Meet the Mentors



Anika Chand



Bianca Stevenson



Leyna Nguyen



Rosanna Lee



Carol Nguyen



Meet the Mentors



Jonathan Zhou



Irene Wei



Paula Challita



Sophia He

| HIGH SCHOOL | UNIVERSITY |
|-----------------|----------------------|
| Subjects | Courses |
| Periods / class | Lectures / tutorials |
| Practicals | Labs |
| Syllabus | Course outline |

Recommended program structure

- **Term 1 2023**

- BABS1201 Molecules, Cells and Genes (6UoC)
- MATH1031 Mathematics for Life Science (6UoC) or MATH1131 Mathematics 1A (6UoC) or MATH1141 Higher Mathematics 1A (6UoC)
- VISN1101 Seeing the World: Perspectives from Vision Science (6UoC)

- **Term 2 2023**

- CHEM1011 Chemistry 1A: Atoms, Molecules and Energy (6UoC)
- VISN1111 Geometrical and Physical Optics (6UoC)

- **Term 3 2023**

- VISN1221 Visual Optics (6UoC)
- PHYS1111 Fundamental of Physics (6UoC) or PHYS1121 Physics 1A (6UoC) or PHYS1131 Higher Physics 1A (6UoC)
- CHEM1829 Biological Chemistry for Optometry Students (6UoC)

What the peer mentoring program involves

- Meeting up once a week for the first 8 weeks
- Answering any questions
- Helping you find your way around uni
- Tips, advice from us

Why should I join peer mentoring?

- Helps to transition from highschool to university
- Find new friends
- Know where the good food and coffee are
- Social group
- Have all your questions answered about the course and uni life
- **(Note: this is not a tutoring group!)**

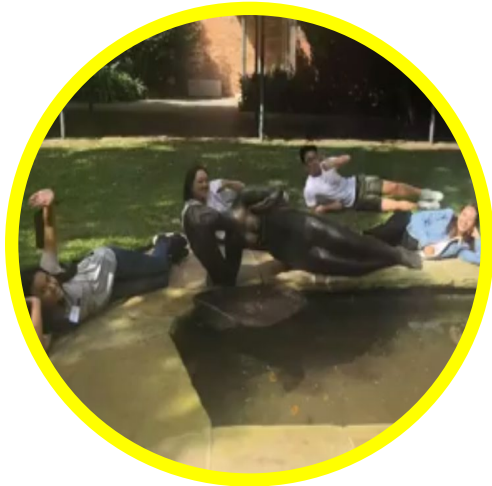
General tips

- Don't skip lectures (yes they are recorded that's not enough!!)
- Uni = lectures, tutorials, labs
- Look through the course outline
- Assessments = written exams, online quizzes, using specialised programs (MAPLE)
- Keep track of due dates
- Group study sessions are useful
- Textbooks ???

General tips pt 2

- GET THE LOST ON CAMPUS APP!!
- Join the 1st year Optom/Vis Sci group chat
- Get involved with other societies that align with your interests while you still have plenty of time!

Peer Mentoring Events During Term



EYE-Mazing Race



Picnics and BBQs



Trivia Nights

Outline for Today's Events

Welcome Day
Presentation
(Right Now)

University/
School
Tour

Barbeque &
Refreshments

End of
Planned
Events for
today

Thank you and enjoy first year!