



ONLINE PARTICIPANT INFORMATION STATEMENT

Students enrolled in health-related programs in Australia, New Zealand, the UK, and Canada

Determining the association between level of self-regulated and self-directed aptitudes of learning (SELF-ReDiAL) and wellbeing in health professional students

CI: Professor Boaz Shulruf

1. What is the research study about?

You are invited to take part in this research study which aims to develop a tool for measuring self-regulated and self-directed aptitudes of learning (SELF-ReDiAL or in short, SR) in health professional students, and determine the association between this SR aptitude and wellbeing. One of the main goals of health professional education is to develop competent individuals who have the lifelong ability to learn and are adept at facing ever-changing health issues in our modern society. To improve the efficacy of health education programs in developing SR, there is a need for a reliable tool to measure these aptitudes. This tool will help not only identify the factors that enable or hinder SR but also determine the association between wellbeing, a critical determinant of health professional performance, and SR aptitude.

You have been invited because you are enrolled in one of the health-related programs, including Medicine, Optometry, Physiotherapy, Pharmacy, Dentistry, Nursing, and other allied health disciplines, at universities in Australia, New Zealand, the UK, and Canada.

2. Who is conducting this research?

The study is being carried out by the following researchers: **Professor Boaz Shulruf, Associate Professor Silas Taylor, Senior Lecturer Pin-Hsiang Huang, Associate Professor Marcus Henning, Associate Professor Craig Webster, Dr. Ernesta Sofija, and Ph.D. student Arash Arianpoor.**

Research Funder: No funding of any kind is received for this research.

3. Inclusion/Exclusion Criteria

Before you decide to participate in this research study, we need to ensure that it is ok for you to take part. The research study is looking recruit people who meet the following criteria:

Students who are currently enrolled in health-related programs, including Medicine, Optometry, Physiotherapy, Pharmacy, Dentistry, Nursing, and other allied health disciplines, at universities in Australia, New Zealand, the UK, and Canada.

4. Do I have to take part in this research study?

Participation in any research study is voluntary. If you do not want to take part, you do not have to.

If you decide you want to take part in the research study, you will be asked to:

- Read the information carefully (ask questions if necessary);
- Complete the online questionnaire.

5. What does participation in this research require, and are there any risks involved?

If you decide to take part in the research study, we will ask you to complete an online questionnaire.

The questionnaire will ask you questions about your perceptions about and approaches toward learning, your wellbeing, and some demographic data (e.g., age, previous academic achievement, and year of study). It should take approximately 8 minutes to complete. There are no risks associated with participation, except for inconvenience.

6. What are the possible benefits to participation?

We hope to use information we get from this research study to improve the learning experience of health professional students and find ways to enhance their SR.

7. What will happen to information about me?



ONLINE PARTICIPANT INFORMATION STATEMENT

Students enrolled in health-related programs in Australia, New Zealand, the UK, and Canada

Determining the association between level of self-regulated and self-directed aptitudes of learning (SELF-ReDiAL) and wellbeing in health professional students

CI: Professor Boaz Shulruf

Submission of the online questionnaire is an indication of your consent. By clicking the 'I agree to participate' button you are providing your permission for the research team to collect and use information about you for the research study.

The research team will store the data collected from you for this research project for:

- A minimum of 5 years after the publication of the research results.

The information about you will be stored in a non-identifiable format where your identity will be unknown. Data will be stored on UNSW cloud-based Microsoft software systems only, with enterprise-level security achieved through multi-factor authentication zID password protection.

You will be asked to provide your consent for the research team to share or use the information collected from you in future research that:

- Will be specific to the aims of this research

Your information will only be shared in a format that will not identify you.

8. How and when will I find out what the results of the research study are?

The research team intend to publish and/ report the results of the research. All Information will be published in a way that will not identify you. You will be informed about the results by receiving a broadcast email from your program authorities.

9. What if I want to withdraw from the research study?

If you do consent to participate, you may withdraw at any time; however, any data you have provided to us will be retained. Any response submitted could no longer be withdrawn as the questionnaire is anonymous.

The information you provide is personal information for the purposes of the Privacy and Personal Information Protection Act 1998 (NSW). You have the right of access to personal information held about you by the University, the right to request correction and amendment of it, and the right to make a compliant about a breach of the Information Protection Principles as contained in the PPIP Act. Further information on how the University protects personal information is available in the [UNSW Privacy Management Plan](#).

10. What should I do if I have further questions about my involvement in the research study?

The person you may need to contact will depend on the nature of your query. If you require further information regarding this study or if you have any problems which may be related to your involvement in the study, you can contact the following member/s of the research team:

Research Team Contact

Name	Arash Arianpoor
Position	Ph.D. Student
Telephone	+61-2-90651958
Email	a.arianpoor@unsw.edu.au



ONLINE PARTICIPANT INFORMATION STATEMENT

Students enrolled in health-related programs in Australia, New Zealand, the UK, and Canada
Determining the association between level of self-regulated and self-directed aptitudes of learning (SELF-ReDiAL) and wellbeing in health professional students
CI: Professor Boaz Shulruf

What if I have a complaint or any concerns about the research study?

If you have a complaint regarding any aspect of the study or the way it is being conducted, please contact the UNSW Human Ethics Coordinator:

Complaints Contact

Position	Human Research Ethics Coordinator
Telephone	+ 61 2 9385 6222
Email	humanethics@unsw.edu.au
Project ID	iRECS5767



ONLINE PARTICIPANT INFORMATION STATEMENT

Students enrolled in health-related programs in Australia, New Zealand, the UK, and Canada

Determining the association between level of self-regulated and self-directed aptitudes of learning (SELF-ReDiAL) and wellbeing in health professional students

CI: Professor Boaz Shulruf

Consent Form – Participant providing own consent

Declaration by the participant

By checking the I agree/start questionnaire option below:

- I understand I am being asked to provide consent to participate in this research study;
- I have read the Participant Information Sheet, or it has been provided to me in a language that I understand;
- I provide my consent for the information collected about me to be used for the purpose of this research study.
- I understand that my information would be stored for 5 years and provide my consent for the information to be used by researchers for any subsequent research specific to the aims of this research during this time.
- I understand that, if necessary, I can ask questions and the research team will respond to my questions.
- I freely agree to participate in this research study as described and understand that I am free to withdraw at any time during the study and withdrawal will not affect my relationship with any of the named organisations and/or research team members;
- I understand that I can download a copy of this consent form from: [PISCF Online Surveys and Measures \(SR & Wellbeing\).pdf](#)

[I agree, start questionnaire](#)