



**Invitation to participate in this clinical trial study**

**Comparative efficacy of artificial tears in the management of dry eye disease**

Researchers at UNSW are conducting a study to compare the effects of using artificial tears for treating different types of dry eye

**Investigators:** Associate Professor Maria Markoulli, Professor Eric Papas, Dr. Azadeh Tavakkolinasab, and Abel Sinshaw Assem (PhD candidate)

**The research study is looking to recruit people who meet the following criteria:**

- Participants with the age of  $\geq 18$  years
- Have symptoms and signs of dry eye disease
- Willing to use commercially available artificial tear supplements.

**Participants meeting the following criteria will be excluded from the study:**

Active ocular infection, contact lens usage, intense pulse light therapy within 6 months prior to study, ocular surgery and trauma within three months prior to study, history of epilepsy or seizures, pregnant and a plan to become pregnant within one year, and known hypersensitivity to components of Systane and NovaTears lubricants, fluorescein or lissamine green dye, and anaesthetic drops.

**Participants who agree to participate will be required to:**

Attend a total of six visits at the School of Optometry & Vision Science UNSW, with three visits during each treatment period: at baseline, one month, and three months, and each visit will roughly take 60 minutes to complete the eye examination and tear collection.

A full description of all research activities is included in the participant information statement and consent form scan it below to review it.

Please contact Abel Assem to register your interest via email: [a.sinshaw\\_assem@unsw.edu.au](mailto:a.sinshaw_assem@unsw.edu.au)

Scan here

