

# Psychology Peer Mentoring: Be a Mentee!

The Psychology Peer Mentoring Program matches 1st year students with a pair of 3rd Year students majoring in psychology. Over the course of Term 1, you will participate in small group sessions to help you thrive in university academically, socially, and professionally.

Peer mentoring also provides opportunities to discuss problems confidentially with your mentors, who can give you advice on various support services available at university. Mentors will cover topics like:

- Researching at a university-level,
- Time management,
- Exam preparation,
- Professional communication skills,
- Careers within psychology; and
- Any other questions that you have.

The program also provides a valuable opportunity for new students to get to know other students and begin building a social network.

## Who is eligible?

Any student enrolled in the 1st year of a Bachelor of Psychology, Bachelor of Psychological Science, or Bachelor of Science or Advanced Science with intent to major in Psychology.

## What does the program involve?

You will meet weekly with two 3rd year students, and a small group of other 1st year Psychology students. The program will commence in Week 1 of and finish by Week 10 of Term 1.

### To register your interest, visit:

[https://unsw.au1.qualtrics.com/jfe/form/SV\\_8kxi5vQGjUxcvIO](https://unsw.au1.qualtrics.com/jfe/form/SV_8kxi5vQGjUxcvIO) or scan the QR code below.



If you have any questions, please email the School of Psychology Peer Mentoring coordinators Andrea Wat-Si, Saraa Al-Saddik, and Saya Tomizawa at [psychologypeermentoring@unsw.edu.au](mailto:psychologypeermentoring@unsw.edu.au)