



HUMS1009

Sounds Good: Music, Pleasure and Well-being

Summer // 2021

Course Overview

Staff Contact Details

Convenors

Name	Email	Availability	Location	Phone
Emery Schubert	e.schubert@unsw.edu.au	By appointment via Zoom		

School Contact Information

School of the Arts and Media

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The School of the Arts and Media would like to Respectfully Acknowledge the Traditional Custodians, the Bedegal (Kensington campus), Gadigal (City and Art & Design Campuses) and the Ngunnawal people (Australian Defence Force Academy in Canberra) of the lands where each campus of UNSW is located.

Course Details

Credit Points 6

Summary of the Course

Why is music so enjoyable, and is it really good for us? This course addresses a range of questions concerned with the pleasure and health aspects of music. Other questions discussed include: Is it possible to hate music? Is it good for your brain? Why can music be used to treat some illnesses and reduce anxiety? Can it be bad for you? A range of approaches are considered, from mass media and personal perspectives, through to philosophical inquiry, aesthetics and psychology. The course aims to challenge students and furnish them with skills in critically evaluating various views on how music preference and wellbeing programs emerges, and presents recent thinking on the topics. Tutorials focus on designing and evaluating practical applications of music in health and entertainment settings.

Course Learning Outcomes

1. Critically evaluate arguments about the acquisition of music preferences and health related outcomes through music intervention.
2. Apply a range of scholarly methods when investigating music and the arts.
3. Undertake further research on questions concerned with music cognition and wellbeing.

Teaching Strategies

The course consists of lectures and online learning activities. Lectures expose the student to a variety of ways of understanding how and why we develop musical preferences, and how they can change over time. A variety of historical and contemporary theories and methods for answering such questions are investigated. Preference feels like a highly personal phenomenon for many people.

Online learning activities are designed to encourage deep exploration of these preferences and to reconcile those with theories presented in lectures. Online learning activities also allow students to challenge and further develop their reasoning for the acquisition of musical tastes and preferences.

Assessment

Assessment Tasks

Assessment task	Weight	Due Date	Student Learning Outcomes Assessed
Tutorial Work	50%	Not Applicable	1, 2, 3
Test	50%	14/01/2021 01:00 PM	1

Assessment Details

Assessment 1: Tutorial Work

Start date: Not Applicable

Details:

50-percent

This assignment consists of activities and written work of approximately 1500 words on topics related to music, pleasure and wellbeing.

Feedback via LMS

Assessment 2: Test

Start date: 14/01/2021 12:00 PM

Details:

50-percent

30 minutes' duration

Assesses lecture content

Feedback via LMS

Additional details:

Duration and nature of the Test may change to cater for possibility of students forced to participate in distant mode. See Moodle for details.

Attendance Requirements

Students are strongly encouraged to attend all classes and review lecture recordings.

Course Schedule

[View class timetable](#)

Timetable

Date	Type	Content
4 January - 8 January	Lecture	Monday, Tuesday, Thursday and Friday: 12-3pm Wednesday: NO LECTURE, NO TUTORIAL
	Tutorial	Monday, Tuesday, Thursday and Friday: 9.30-12noon OR 3-5.30pm Wednesday: NO LECTURE, NO TUTORIAL
11 January - 15 January	Lecture	Monday: 12-3pm Tuesday: 1-3pm Wednesday NO LECTURE, NO TUTORIAL Thursday NO LECTURE (only tutorial) Friday: 12-1pm (Test)
	Tutorial	Monday and Tuesday: 9.30-12noon OR 3-5.30pm Wednesday: NO LECTURE, NO TUTORIAL Thursday: 10-1pm OR 2-5pm Friday: NO TUTORIAL

Resources

Prescribed Resources

Where possible, texts and other resources required for this course will be available on-line via the university library. Please see Moodle for details.

Recommended Resources

Please see Moodle.

Course Evaluation and Development

Feedback about the course is welcome. Early feedback will be taken into consideration where possible in the current offering. Students will receive opportunity to provide feedback using various modes, in addition to myExperience, including in-class and privately to the course convener. The last offering of this course received highly positive myExperience evaluation with a satisfaction rating of 97.4%, and students showed an excellent understanding of the intensity and preparation required to successfully take an intensive course. They did not request much to change. Nevertheless, improvements were suggested and are being implemented. The structure has been considerably updated. For example, final assessments are now spread over the final two days of the course, rather than being compressed, and all key assessments follow a course 'rest' day (two Wednesdays and one weekend). The popular 'compressed mode' of delivery will be retained: over eight days consisting of roughly 5 contact hours per day.

Submission of Assessment Tasks

Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on externalteltsupport@unsw.edu.au . Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support you will automatically receive a ticket number, but if you telephone you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, it will be stated on your course's Moodle site with alternative submission details.

For information on how to submit assignments online via Moodle: <https://student.unsw.edu.au/how-submit-assignment-moodle>

Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

Copying: using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This also applies to images, art and design projects, as well as presentations where someone presents another's ideas or words without credit.

Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original structure and/or progression of ideas of the original, and information without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.

Collusion: working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student before the due date, or for the purpose of them plagiarising at any time, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.

Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.

Duplication ("self-plagiarism"): submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

Correct referencing practices:

- Paraphrasing, summarising, essay writing and time management
- Appropriate use of and attribution for a range of materials including text, images, formulae and concepts.

Individual assistance is available on request from The Learning Centre (<http://www.lc.unsw.edu.au/>). Students are also reminded that careful time management is an important part of study and one of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items.

UNSW Library also has the ELISE tool available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW but it can also be a great refresher during your study.

Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time

- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

Some of these areas will be familiar to you, others will be new. Gaining a solid understanding of all the related aspects of ELISE will help you make the most of your studies at UNSW.

<http://subjectguides.library.unsw.edu.au/elise/aboutelise>

Academic Information

For essential student information relating to:

- requests for extension;
- late submissions guidelines;
- review of marks;
- UNSW Health and Safety policies;
- examination procedures;
- special consideration in the event of illness or misadventure;
- student equity and disability;
- and other essential academic information, see

<https://www.arts.unsw.edu.au/current-students/academic-information/protocols-guidelines/>

Image Credit

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Acknowledgement of Country

We acknowledge the Bedegal people who are the traditional custodians of the lands on which UNSW Kensington campus is located.