



# The Hubs

Evaluation Plan of the Intellectual Disability and Mental Health Hubs

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www.arts.unsw.edu.au/sprc

# About this Easy Read

This Easy Read is about research that we have started.



The research is about a program called the Statewide Tertiary Intellectual Disability and Mental Health Hubs.



They are called **the Hubs** for short.

The Hubs started in 2020.



**NSW Health** pays for the Hubs.

NSW Health is part of the NSW Government.

# About the Hubs



The Hubs help services to better support people who have intellectual disability and mental illness.



The Hubs support people directly.

They talk about what people can do to have a better life.



The Hubs train health workers and give them advice.

There are 2 Hubs.



#### 1 for children and adolescents



1 for adults



The Hubs are for people and staff from all over NSW.

## About the research



People from the Social Policy Research Centre do the research.





The Social Policy Research Centre is part of the university called UNSW Sydney.



The research started in September 2020.



The research finishes in November 2023.

## What the research looks at



The research looks at what is good about the Hubs.



We want to find out how well the Hubs are working.



We want to find out if people get better support after using the Hubs.



We want to find out if health workers give better support to people after using the Hubs.



We want to find out how the Hubs can be better.



This type of research is called **evaluation.** 

## How we do the research



We listen to people's stories.



We do phone interviews.



We do surveys of health workers.



We look at other information about people who use the Hubs.

#### We talk to different people



We talk to people who use the Hubs.



We talk to families and carers.



We also talk to

- People who work for the Hubs.
- Health workers who get advice from the Hubs.



• The government.

#### We talk to community organisations



Community organisations we talk to include

• Aboriginal people



 People with different cultures and languages





- Children and young people
- Carers
- People who have been in prison

#### **Peer researchers**



Some people with intellectual disability or mental illness help us do the research.

They are called **peer researchers**.



Peer researchers help us do a better job because they know what it is like to have intellectual disability or mental illness.



Peer researchers help plan and do the research.



Peer researchers give advice about how to include people in the research.

### **More Information**



More information about the research is on the SPRC website.

www.arts.unsw.edu.au/sprc



You can click this link <u>Evaluation of the Intellectual</u> <u>Disability and Mental Health Hubs</u> (IDMH Hubs) | Arts, Design & <u>Architecture - UNSW Sydney</u>



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