

# How the Hubs are doing

# Half way report of the Intellectual Disability and Mental Health Hubs

#### Contents

About this report About the Hubs About the evaluation How we do the evaluation What the Hubs do well for people and their families What the Hubs do well for service providers What could be better What is next in the evaluation More information

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# About this report

This report is about a program for people with both intellectual disability and mental health problems.

The program is called the Statewide Tertiary Intellectual Disability and Mental Health Hubs.

We say the Hubs for short.

The Hubs try to make support services better.

This report talks about what the Hubs

- Are doing well
- Could do better.

This is called an evaluation.

# About the Hubs

NSW Health is part of the NSW Government.

NSW Health pays for the Hubs.

The Hubs help services to better support people with intellectual disabilities and mental health problems.

The Hubs talk to people about how they can have a better life.

The Hubs train health workers and give them advice.

There are 2 Hubs.

1 for children and young people.

1 for adults.

The Hubs are for people from all over NSW.

# About the evaluation

Researchers from two organisations did the evaluation.

The Social Policy Research Centre.

It is called SPRC for short.

Department of Developmental Disability Neuropsychiatry.

It is called 3DN for short.

Researchers are people who find things out.

The evaluation started in 2020 and will go until 2023.

# How we did the evaluation

We talked to people with intellectual disability and mental health problems who used the Hubs.

These are the Hub participants.



We talked to their families and carers.

We talked to people who work at the Hubs or use the Hubs.

We talked to people in government about the Hubs.

#### What the Hubs do well for people and their families

The Hubs help participants to feel happier and healthier.

The Hubs help participants get other support services more easily.

The Hubs help participants with better medication and behaviour support.

The Hubs help make NDIS support better.

## What the Hubs do well for service providers

The Hubs help service providers give better support to people with intellectual disability and mental health problems.

Service providers are organisations or workers that support people.

The Hubs give training and information to service providers.

The Hubs help service providers to work together more.

The Hubs help service providers to work well with people with intellectual disability.

## What could be better

These are things Hubs could do better.

Hub participants could take part in talks that are about them more.

People with intellectual disability and mental health problems could help with training service providers.

The NSW Government could help all the services work better together in New South Wales.

These services could be

- The Hubs
- NDIS
- Disability services
- Mental health services



The Hubs could work with places in NSW that do not have many services.

#### What we will do next

We will talk to people again.

We want to find out if things have changed since the first time we talked to them.

We will get other information about the Hubs.

We will look at information about people who use the Hubs

We will look at information about services that use the Hubs

#### More information

More information about the evaluation is on the SPRC website.

You can click <u>here</u> to find out more.



