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Support for people with mental illness







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Support for people with mental illness

Evaluation of community based mental health programs

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| Report by Christiane Purcal and Bella Bauer |
| Photosymbols Credit 1A picture containing text, tableware, plate, dishware  Description automatically generated |

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| **About this report** | | |
|  | This report is about programs for people with mental health problems. | |
| **HASI**  **CLS** | The programs are called     * **Housing and Accommodation Support Initiative**   **HASI** for short.  and   * **Community Living Supports**   **CLS** for short. | |
|  | This report talks about what   * The programs do well * Could be done better.   This is called an **evaluation**. | |
| **About the programs** | | |
| Logo  Description automatically generated | | NSW Health pays for the programs. |
| D:\Users\z5112887\Desktop\Fred-7_600x600.png | | The programs have services so people with mental illness can have better lives. |
| A person shaking hands with a person  Description automatically generated with low confidence | | Support workers help people reach their goals. |
| A picture containing text  Description automatically generated | | The goals could be   * Learn new skills * Find a job * Make new friends * Find other help like drug or alcohol services. |

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| **About the evaluation** | |
|  | Researchers from the Social Policy Research Centre did the evaluation of the programs.  **SPRC** for short. |
| D:\Users\z3417852\Desktop\Easy Read reports\easy read graphics\Social_Worker-4_600x600.png | **Researchers** are people who find things out by   * Talking to people * Looking at numbers * Reading about other research. |
| Logo  Description automatically generated | NSW Health paid for the evaluation. |
|  | SPRC started the evaluation in 2017.  The evaluation finished in 2021. |

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| **How we did the evaluation** | |
|  | We talked to people with mental health problems who used the programs. |
|  | We talked to their families and carers. |
| Group 33 | We talked to the support services**.** |
|  | We looked at information about the people who used the programs. |
|  | We looked at how much the programs cost. |

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| **What the programs did well** | |
|  | These are some things that the programs did well. |
|  | People in the programs felt better. |
|  | People did not go to hospital as much. |
|  | Some people found better homes. |
|  | People went out more and made new friends. |
| Community life | People did more things that they wanted to do. |
|  | People had less to do with police. |
|  | The service providers and NSW Health worked well together. |
|  | The programs were cost effective.  Hospitals and police spent less money. |

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| **How the programs could be better** | |
|  | These are things that the programs could do better. |
|  | They should always let people choose   * Their goals * What they want to do. |
|  | They should do more with people to help their physical health.  Physical health is keeping your body well. |
|  | More people who leave prison should be able to use the programs. |

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| Icon  Description automatically generated | They should listen more to staff who  Are Aboriginal  Are from different cultures    Have a mental illness themselves. |
| A picture containing person, people, group, sport  Description automatically generated | They should work more with other local services. |
| A computer with a logo on the screen  Description automatically generated with low confidence | If you want more information about the evaluation click on the website link [here](https://www.unsw.edu.au/arts-design-architecture/our-research/research-centres-institutes/social-policy-research-centre/our-projects/evaluation-cls-and-hasi). |