Researchers at The University of New South Wales, School of Optometry and Vision Science are seeking volunteer research participants to learn about changes that might happen during contact lens wear.

The research study is looking recruit people who meet the following criteria:

- Aged between 18-40 years
- Experienced contact lens wearer or someone new to wearing contact lenses
- Short sighted (myopic) between -0.50 to -1.50 diopters or long sighted (hyperopic) between +0.50 to +1.75 diopters without astigmatism or with astigmatism less than 1.75 diopters
- Willing to wear contact lenses for a minimum of 6 hours per day at least 5 days per week for 3 months.
- Attend 5 study visits at the School of Optometry and Vision Science – visit 1, visit 2 (4-6 days after visit 1) and 3 monthly visits thereafter
- Willing to not use any rewetting eye drops for the duration of the study.
- Do not have any active eye infection or allergies
- Are not pregnant, do not have any systemic disease such as diabetes or neurological disorder such as epilepsy
- Do not use medications that may affect the eye such as antihistamines
- Do not have undergone refractive surgery

At the first study visit, you will be asked questions about your medical history, any current medications you are taking and various eye-related tests like those conducted at a regular eye exam will be performed to see if you are eligible to participate in the study. Each study visit will take approximately 1 hour to complete, and you will receive a $20 Coles Myer gift at the end of each visit. If you qualify for the study, you will be provided with daily disposable contact lenses to wear during the day (you must NOT sleep in your lenses) for 1 month. At the end of 1 month you will have to return to have your eyes examined and receive a different set of daily disposable contact lens to wear for another month. You will need to wear 3 different sets of contact lenses over 3 months.

Please contact the following person via email or phone to register your interest in taking part in the research: