

## November 2018

So, you thought we were winding down for the end of the year, did you? Not a chance! This month we have a very exciting and rare opportunity to attend a seminar presented by UniSuper's Head of Equities. It is open to all staff but places are limited and it will be popular so book in quick! We are also featuring the inaugural UNSW Kensington Campus Art Walking Tour - spaces on the tour are strictly limited. We have another Benestar seminar, important news on SafeSys, and not one but two awards received - for staff efforts in sustainability and young workers mental health. Last but not least, don't forget to Go Home on Time on 21 November!



### Shared Zone Reminder

There has been a recent increase in interactions involving vehicles, bicycles and pedestrians on campus.

It is important to remember that the speed limit for cars, bicycles, electric vehicles and scooters etc is 10kph. This speed is a reasonable jogging pace, so you must not be driving or riding any faster than this. The campus is pedestrian priority which means ALL vehicles must give way to pedestrians on any road on campus (in other words the whole campus is one big pedestrian crossing). Give way means the driver or rider must slow down and, if necessary, stop to avoid a collision. Take care everywhere as there are many blind corners, parked vehicles, bollards, kerb and the like. Be part of caring for all our roads users and drive and ride safely. If you have a speedometer use it. For further information please [click here](#).



### UNSW's Sustainability Credentials Recognised By Keep Australia Beautiful

Exciting news... UNSW's efforts to promote recycling and reduce litter by establishing and promoting Reverse Vending Machine on campus has been recognised by Keep Australia Beautiful with a Highly Commended Sustainable Cities Award.

Thank you all for your support and efforts in making this project a success with over 1.5 million containers already recycled this year. Click [here](#) for more details.



## HR Embracing the 'Return and Earn' Scheme

This week is 'National Recycling Week' and HR has commenced a War on Waste by embracing the NSW Government's **Return and Earn Bottle Deposit Scheme**. The initiative began rolling out across NSW on 1 December 2017, with the aim of reducing litter by 40% by 2020.

UNSW was the first University in NSW to introduce a reverse vending machine in February this year, located near the Physics Lawn. The reverse vending machine is the cleanest and most efficient way to recycle glass, plastic, and aluminium cans, cartons and bottles.

HR will embrace this initiative starting with three new bottle recycling bins in prominent locations on each HR floor in The Chancellery (Ground Floor, Level 1, Level 3).

To find out more, click [here](#).

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## Go Home on Time Day - 21 November 2018

Go Home on Time Day is on 21 November this year. Whilst going home on time should be the norm rather than the exception, this is not the case for everyone. Working excessively long hours is detrimental to both physical and mental health. Additionally, fatigued workers are less productive and more likely to make mistakes and have accidents. So, in the interests of safety, wellbeing and work-life balance, let's all make a special effort on Wednesday 21 November to finish work on time and go do something we enjoy!

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## Benestar Short Seminar - 22 November 2018 - 12pm-1pm - CLB 1

On 22 November we are hosting the last of our Benestar Short Seminars for 2018. "Dealing With Anger" is a fascinating one-hour learn at lunch info session that will cover the following topics:

- Recognise the impact of anger on individuals and teams
- Understand the different types of anger and the dynamics of anger
- Identify your anger triggers and develop coping mechanisms
- Learn strategies for managing anger in yourself and others

Click [here](#) to register.

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## Art Walking Tour - 27 November 2018 - 12pm-1pm

Did you know that the University's Art Collection contains over 1100 works of art by some of Australia's most famous artists? Join Senior Curator Elena Taylor for a walking tour of art on campus that will tell the stories behind some of the University's best-known and loved works and reveal some hidden treasures.

Tour commences at 12pm from the Old Main Building and will end at the AGSM Building. Places are strictly limited, so [book now](#).





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## UniSuper Seminar - *Investment Market Outlook* - 30 November 2018 - 12.30pm-1.30pm

Understanding how the market works is vital for helping you make informed decisions on how you invest your super.

UniSuper's Head of Equities - Simon Hudson - will present an *Investment Market Update and Market Outlook* to UNSW employees covering the latest developments in local and global investment markets as well as the performance of UniSuper's investment options.

The UniSuper *Investment Market Update and Market Outlook* will be presented on Friday 30 November from 12.30pm-1.30pm in CLB (Central Lecture Block) 2 on Kensington Campus.

Bookings are essential. [Register today.](#)

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## SafeWork NSW Awards

UNSW is a member of the SafeWork NSW Young Workers Mental Health Collaboration which also includes organisations such as the Mental Health Commission, the Sydney University Brain and Mind Centre, Youthsafe, the Master Builders Association, NSW Police, TAFE and the Australian Retailers Association. The Collaboration works to support SafeWork NSW's Work Health and Safety Roadmap for NSW 2022, aiming to reduce work related fatalities and the incidence of serious illnesses and injuries, with a particular focus on identifying and reducing risks for young workers. In October, Adam Janssen (Senior Manager, Health, Safety & Environment) and Liza Poppert (Wellbeing Coordinator) were presented with awards for their extraordinary contribution and dedication to the Young Workers Mental Health Collaboration by Alexis Wray from SafeWork NSW.

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## Food Safety

Food poisoning affects more than four million Australians every year and can range from mild to fatal in the worst cases. This week is Australian Food Safety Week and to make sure you reduce your risk of being affected, check out [these useful tips.](#)

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## SafeSys Developments

Development of the SafeSys interim solution is underway. The focus of this initiative is to improve performance and provide full system functionality until such time as a strategic solution is implemented.

Delivery of interim solution functionality will occur in three stages:

- Stage 1 - Late November 2018\*
- Stage 2 - Early December 2018
- Stage 3 - Late February 2019

Please be aware that end-to-end user acceptance testing (UAT) for Stage 1 is scheduled for 13/11/18-15/11/18.

To find out more please view the [SafeSys Interim Solution Q&A Sheet](#).

If you would like to assist with UAT or have any questions, please contact [Leanne Thebridge](#).

\*Please note Stage 1 requires a significant data migration timeframe during which time access to SafeSys will not be possible. This is currently planned for 17/11/18 to 25/11/18 and we would suggest printing/generating documents that may be required during this time.

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## Review of Australian Standard AS/NZS2243.3

The Australian Standard AS/NZS2243.3 'Safety in laboratories Part 3 Microbiological safety and containment' is still under review and a second draft will very shortly be available for a 6-week consultation period. We will let you know when it is available. The first draft attracted a huge number of comments, which is one reason for such a delay in finalising the document. The second draft aligns with the new 'ISO 35001 Biorisk management for laboratories and other related organisations'. It also includes aspects of the withdrawn standard AS/NZS2647 'Biological safety cabinets - Installation and use', which was withdrawn some time ago without providing the information in any other document.

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## Health and Wellbeing Month - Wrap Up

October was Health and Wellbeing Month at UNSW and we celebrated with five special events, two weekly events and two seminars. As always, our Mindfulness Meditation classes with Laura Kampel from CAPS were a huge hit, booking out well in advance and filling a wait list. We held four sessions of Tai Chi with Angela Zhu in classrooms across Kensington campus, where we learned to strive for balance in our daily lives. A Benestar seminar on Sleep was well-attended, as was our last event of the month, a UniSuper seminar on superannuation and financial advice.

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## Lesson Learnt - Asbestos

Recently one of our research units wanted to make modifications to one of their labs. As they wanted the work to proceed quickly, they organised the construction themselves. However, once work was underway, a material was found behind one wall that was potentially asbestos. Work was immediately stopped while the material was assessed and removed. This unexpected discovery could potentially have exposed workers to hazardous material and delayed the project considerably.

Had the work been organised by Estate Management, the Asbestos

Register would have been checked before the commencement of work and Estate Management's streamlined asbestos remediation procedures would have been implemented, saving time and greatly reducing the risk of accidental exposure.

So remember, any structural modifications to floors or walls must always go through Estate Management.

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