

# FACULTY OF SCIENCE SCHOOL OF PSYCHOLOGY

# **PSYC2101**

# ASSESSMENT, PERSONALITY AND PSYCHOPATHOLOGY

# SEMESTER 2, 2017

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1. Information about the Course					
FACULTY	Science				
SCHOOL OR DEPARTMENT	Psychology				
COURSE CODE	PSYC2101				
COURSE NAME	Assessment, Persona	ality, and Psychopathology			
SEMESTER	Semester 2	YEAR	2017		
UNITS OF CREDIT	6	LEVEL OF COURSE	2 <sup>nd</sup> year		
ASSUMED KNOWLEDGE, PREREQUISITES OR CO-REQUISITES	Contact the School Office				
SUMMARY OF THE COURSE	This course deals with psychological assessment, personality and psychopathology. The assessment portion of the course will include key concepts in personality and intelligence testing. The psychopathology portion of the course is an introduction to the study of maladaptive behaviour and mental disorders. The course will provide an overview of common mental disorders, including anxiety, mood, eating, childhood, and psychotic disorders. Emphasis will be placed on diagnostic criteria, contemporary theories of psychopathology, and empirically supported approaches to treating mental disorders.				

2. Staff Involve	ed in the Cours	se			
COURSE COOF	RDINATOR				
Name	Phone	Email	Office	Contact Time & Availability	
Dr Jill Newby	9385 3425	j.newby@unsw.edu.au	MAT1302	By appointment	
LECTURERS	•				
Name	Phone	Email	Office	Contact Time & Availability	
A/ Prof Jessica Grisham	9385 3031	jessicag@unsw.edu.au	MAT1303	By appointment	
Dr Thomas Whitford	9385 3936	t.whitford@unsw.edu.au	MAT 913	By appointment	
Dr.Lisa Williams	9385 1643	lwilliams@psy.unsw.edu.au	MAT 1302a	By appointment	
A/ Prof Lenny Vartanian	9385 8758	lvartanian@psy.unsw.edu.au	MAT 1111	By appointment	
Dr.Angela Nickerson	9385 0538	a.nickerson@unsw.edu.au	MAT 1101a	By appointment	
Georgette Fleming 9385 0376		g.fleming@unsw.edu.au	MAT 1408	By appointment	
TUTORS & DEN	ONSTRATOR	S			
Name	Phone	Email	Office	Contact Time & Availability	
Lillian Le (head tutor)		l.le@unsw.edu.au	MAT 1407	By appointment	
Maddy Bisby		m.bisby@unsw.edu.au	MAT 1402	By appointment	
Joel Colbourne-		j.colbourne-			
Hoffman		hoffman@unsw.edu.au	MAT 1407	By appointment	
Nathalie Elliott		nathalie.elliott@unsw.edu.au	MAT 1402	By appointment	
Metaxia Kokkinos		m.kokkinos@unsw.edu.au	MAT 1408	By appointment	
Ashneeta Prasad		ashneeta.prasad@unsw.edu.au	MAT 1402	By appointment	
Anthea Stylianakis		a.stylianakis@unsw.edu.au	MAT 1402	By appointment	
Kelvin Wong		shiufung.wong@unsw.edu.au	MAT 1305	Tuesdays (by appointment)	

3. Course Timetable						
Component	Tutor	Class Number	Day	Time	Location	
LECTURES						
Lecture 1			Monday	2-3pm	Mathews Theatre A	
Lecture 2			Wednesday	1-2pm	Mathews Theatre A	
TUTORIALS						
(8 weeks;	Joel Colbourne-Hoffman	3893	Monday	9-11am	Mathews 303	
Week 3-6, 8-9; 11-12)	Maddy Bisby	3894	Monday	11-1pm	Mathews 303	
	Kelvin Wong	3878	Tuesday	9-11am	Mathews 303	
	Kelvin Wong	3879	Tuesday	11-1pm	Mathews 303	
	Lillian Le	3880	Tuesday	1-3pm	Mathews 302	
	Lillian Le	3881	Tuesday	3-5pm	Mathews 302	
	Nathalie Elliott	3882	Wednesday	9-11am	Mathews 303	
	Ashneeta Prasad	3883	Wednesday	11-1pm	Mathews 303	
	Ashneeta Prasad	3885	Wednesday	3-5pm	Mathews 302	
	Metaxia Kokkinos	3886	Thursday	9-11am	Mathews 228	
	Anthea Stylianakis	3888	Thursday	1-3pm	Mathews 302	
	Joel Colbourne-Hoffman	3889	Thursday	3-5pm	Mathews 302	
	Metaxia Kokkinos	3890	Friday	9-11am	Mathews 302	
	Anthea Stylianakis	3891	Friday	11-1pm	Mathews 302	
	Nathalie Elliott	3892	Friday	1-3pm	Mathews 107	
	Maddy Bisby	3884	Friday	3-5pm	AGSM LG06	
	NB. Course timetables are subject to change without notice. Students are advised to check regularly for updates on the Moodle course site.					

# 4. Aims of the Course

The course is an introduction to the study of assessment, maladaptive behaviour and mental disorders. The aims of the course are to provide you with:

- An understanding of issues related to psychological assessment, including neuropsychological, personality, and intelligence assessment
- 2. An appreciation of general issues relating to the classification and causation of mental disorders
- 3. Knowledge of the major features of specific disorders, their aetiology and current theories and models of their underlying mechanisms
- 4. A brief overview of somatic and psychological approaches to the treatment of mental disorders

Improved skills in critical thinking, conceptual analysis, and oral and written expression

5.	Student Learning Outcomes				
Ву	the end of this course yo	ou will be	e able to:		
1.	A knowledge and understanding of psychology with regard to:	1.1.	Issues relating to psychological assessment, including in the areas of neuropsychological, intelligence and personality testing General issues relating to the identification and classification of mental disorders		
2.	Come to understand and apply psychological principles derived from an understanding of psychopathology, including the ability to describe:	<ul><li>2.1.</li><li>2.2.</li><li>2.3.</li></ul>	The major clinical features of a number of psychological disorders including mood, anxiety, eating, psychotic and substance-related disorders  Current theories as to the aetiology and underlying mechanisms of these specific psychological disorders  Somatic and psychological approaches to the treatment of these specific psychological disorders		
3.	Developed advanced critical thinking skills in psychology, enabling you to:	3.1. 3.2. 3.3.	Think critically about the distinction between mental disorders and normal variability in cognition and behaviour.  Think critically about the reliability and validity of contemporary measures of psychological functioning  Demonstrate high levels of oral and written expression		

6. Graduate Attributes						
	Level of Focus					
School of Psychology	0 = No focus	A stirition / A non-new out				
Graduate Attributes*	1 = Minimal	Activities/Assessment				
	2 = Minor					
	3 = Major					
1.Core knowledge and understanding	3	Tutorial presentation; essay; mid-session test and final examination.				
2.Research methods in psychology	2	Tutorial presentation; essay; mid-session test and final examination.				
3. Critical thinking skills	3	Tutorial presentation; essay; mid-session test and final examination.				
4. Values, research and professional ethics	1	Ongoing discussion of the ethical issues surrounding the classification, assessment and treatment of mental disorders.				
5.Communication skills	2	Contribution to tutorial discussions; oral tutorial presentation				
6.Learning and application of psychology	3	Tutorial presentation; essay; mid-session test and final examination.				

# 7. Rationale for the Inclusion of Content and Teaching Approach

This course provides an overview of assessment, personality and psychopathology.

# 8. Teaching Strategies

To achieve the learning outcomes outlined above, you will need to attend bi-weekly lectures and weekly tutorials. Attendance is compulsory. Slides presented in the lectures will be made available after the lectures. Lectures will be taped, and recordings will be available via *Echo 360*.

The weekly two-hour tutorials will contain oral presentations of the tutorial readings for the week, followed by discussion of the readings and related issues. In addition, for many of the tutorials you will watch a video of a case example of a client with the disorder being discussed in class that week.

The prescribed textbook also provides a source of information and examples. The tutorials and the textbook will also assist you in fully achieving Learning Outcome 1 and 2 that requires you to develop openness and a questioning attitude.

The mid-session test **(Week 7)** will provide you with an opportunity to test your understanding of Learning Outcomes 1. The final exam is designed to assess Learning Outcomes 1 & 2.

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The Graduate Attributes of the Australian Undergraduate Psychology Program was produced as part of the Carrick Associate Fellowship project, "Sustainable and evidence-based learning and teaching approaches to the undergraduate psychology curriculum", and "Designing a diverse and future-oriented vision for undergraduate psychology in Australia", a Discipline-based Initiative funded by the Carrick Institute for Learning and Teaching in Higher Education (see Appendix II), and supported by the Australian Psychological Society, and the University of New South Wales (School of Psychology; Learning and Teaching @UNSW).

9. Course Schedule						
Week	Lecture Topic & Lecturer	Tutorial/Lab Content	Suggested Readings			
1 July 24/26	Mon: Introduction/ Newby Wed: Classification/ Newby	None	None			
2 July 31/ Aug 2	Mon: Introduction to Anxiety/ <b>Grisham</b> Wed: Panic Disorder, Specific Phobia/ <b>Grisham</b>	None	None			
3 August 7/9	Mon: Generalised Anxiety Disorder, Social Anxiety/ <b>Grisham</b> Wed: Obsessive Compulsive Disorder/ <b>Grisham</b>	Classification exercise	1. Schwartz (Chapter 3, "What's in a name?") 2. Insel et al. (2010)			
4 August 14/16	Mon: Reliability & Validity/ Whitford  Wed: Intelligence Assessment/ Williams	OCD video, mindfulness exercise	1. Abramowitz et al. (2003) 2. Clark (1986)			
5 August 21/23	Mon: Intelligence Assessment/ Williams  Wed: Personality Disorders/ Newby	Intelligence Tests	1. Kaufman & Lichtenberger (Chapter 1 excerpt) 2. Deary et al. (2013)			
6 August 28/30	Mon & Wed: Schizophrenia/ <b>Whitford</b>	Psychotic symptoms exercise & video	1. Schwartz (Chapter 6, "A Season in hell") 2. Blakemore et al. (2000)			
7 September 4/6	Mon: Midsession test/ <b>Newby</b> Wed: Bipolar/ <b>Whitford</b>	None				
8 September 11/13	Mon: Depression/ Nickerson  Wed: Eating Disorders/ Vartanian	Eating disorder diagnosis activity	1. Keel & Klump (2003) 2. Neumark- Sztainer (2005)			
9 September 18/20	Mon: Eating Disorders/ Vartanian  Wed: Posttraumatic Stress Disorder/ Nickerson	Psychopathy activity & videos	1. Hare (1996) 2. Hare (1965)			
25 Sep-29 Sept	Mid-Semester Break					
10 October 2/4	Mon: No Lecture (PUBLIC HOLIDAY)  Wed: Psychological Therapies for Adults/ Nickerson	None	N/A			
11 October 9/11	Mon: Childhood Disorders/ Fleming  Wed: Psychological Therapies for Children/ Fleming	Behavioural experiments	1. Ehlers & Clark (2000) 2. Wells et al. (1995)			
12 October 16/18	Mon: Personality/ <b>Whitford</b> Wed: Psychological Therapies for Adults/ <b>Nickerson</b>	Virtual reality exposure therapy, and exam preparation	1. McGinn & Sanderson (2001) 2. Wilson (1996)			

10. Assessment								
		Learning	Graduate	Date of		Feedback		
Assessment Task	Weight	Outcomes Assessed	Attributes Assessed	Release	Submission	Who	When	How
Tutorial participation  Attendance at tutorials is an essential course requirement; 80 percent attendance is required before marks are lost for non-attendance. Before each tutorial class every student must study the reading(s) set for that tutorial class. Copies of the readings are available on Moodle, online on the My Course link of the Library website and from My Course Reserve on level 2 of the Library. Each student will give a 10-minute oral presentation in one tutorial class, based on the set reading for that class. Video case presentations will also be used to illustrate the major clinical features of selected disorders. Students are expected to actively participate in discussions concerning the set readings and the video presentations. The class participation mark is based on attendance and participation in discussions (5 marks), and the presentation (10 marks).	15%			Week 3	Week 4 through Week 12		Week 12	
Essay An essay assignment on a designated topic in psychopathology will be introduced in the tutorial in Week 4. The essay should not exceed 2000 words. Your essay is to be submitted by 4pm on Friday of Week 11 (13 <sup>th</sup> October) in in electronic copy via Turnitin within Moodle. Your essay must also be emailed in electronic form directly to your tutor. Essays submitted after this date will incur a late penalty of 2% per day, including weekends. Essays will not be accepted after October 27th and will receive a mark of 0.	25%			Week 4	Friday Week 11			
Mid-session-test In the Monday lecture of Week 7 (4 <sup>th</sup> September), a multiple-choice test will be given in the lecture theatre. This test will cover material related to the lectures from weeks 1-6 (including tutorial readings from weeks 3-6 and related sections of the textbook).	20%			Monday, Week 7 (4 <sup>th</sup> September)	Monday, Week 7 (4 <sup>th</sup> September)			
Final exam	40%			TBA	TBA			Final exam

11. Expected Resources	for Students			
TEXTBOOKS	Barlow, D.H., & Durand V. M. (2018). <i>Abnormal psychology: An integrative approach. Eighth Edition.</i> Cengage Learning. Available in UNSW bookshop and Library (My Course Reserve).			
	Please note: You may prefer to buy a second-hand copy of an earlier edition of the text. The content will be similar but the page numbers will not correspond exactly to the new edition.			
COURSE MANUAL	Available via course website			
	Schwartz, S. (1993). Classic Studies in Abnormal Psychology. London:			
	Mayfield			
	Insel, T., Cuthbert, B., Garvey, M., Heinssen, R., Pine, D. S., Quinn, K. et al.,			
	(2010). Research Domain Criteria (RdoC): Toward a new classification			
	framework for research on mental disorders. Am J Psychiatry, 167(7), 748-			
	751.			
	Kaufman, A. S., & Lichtenberger, E. O. (2006). Assessing Adolescent and Adult			
	Intelligence. Hoboken, NJ: John Wiley & Sons.			
	Deary, I. J., Pattie, A., & Starr, J. M. (2013). The stability of intelligence from			
	age 11 years to age 90 years: The Lothian birth cohort of 1921.			
	Psychological Science, 24(12), 2361-2368.			
	Hare, R. D. (1965). Temporal gradient of fear arousal in psychopaths. <i>Journal</i>			
	of Abnormal Psychology, 70(6), 442-445.			
	Hare, R. D. (1996). Psychopathy and antisocial personality disorder: A case of			
	diagnostic confusion. Psychiatric Times, 13(2), 39-40.			
	Keel, P. K., & Klump, K. L. (2003). Are eating disorders culture-bound			
	syndromes? Implications for conceptualizing their etiology. <i>Psychological Bulletin</i> , 129, 747-769.			
REQUIRED READINGS	Neumark-Sztainer, D. (2005). Can we simultaneously work toward the			
	prevention of obesity and eating disorders in children and adolescents?			
	International Journal of Eating Disorders, 38, 220-227.			
	Wells, A., Clark, D.M., Salkovskis, P., Ludgate, J., Hackmann, A., & Gelder, M.			
	(1995). Social phobia: The role of in-situation safety behaviours in			
	maintaining anxiety and negative beliefs. <i>Behavior Therapy, 26,</i> 153-161.			
	Clark, D. M. (1986). A cognitive approach to panic. <i>Behaviour Research and</i>			
	Therapy, 24, 461-470.			
	Ehlers, A. & Clark, D. M. (2000). A cognitive model of Posttraumatic Stress			
	Disorder. Behaviour Research and Therapy, 38, 319-345.			
	Abramowitz, J. S., Whiteside, S., Kalsy, S. A., & Tolin, D. F. (2003). Thought			
	control strategies in obsessive-compulsive disorder: A replication and			
	extension. <i>Behaviour Research and Therapy, 41,</i> 529-540.			
	Blakemore, S. J., Smith, J., Steel, R., Johnstone, E. C., and Frith, C. D. (2000).			
	hallucinations and passivity experiences: Evidence for a breakdown in self-			
	monitoring. Psychological Medicine, 30, 1131-1139.			
	McGinn, L. K., & Sanderson, W. C. (2001). What allows cognitive behavioral			
	therapy to be brief? Overview, efficacy, and crucial factors facilitating brief			

	Wilson, G. T. (1996). Manual based treatments: The clinical application of
	research findings. Behaviour Research and Therapy, 34, 295-314.
	Week 1:
	Barlow & Durand (Chapter 1, Abnormal behavior in historical context).
	Week 2/3:
	Barlow & Durand (Chapter 5, Anxiety disorders pp. 123-177).
	Murray, L., Creswell, C., & Cooper, P. J. (2009). The development of anxiety
	disorders in childhood: an integrative review. Psychological Medicine,
	39(09), 1413-1423.
	Week 5/12:
	Barlow & Durand (Chapter 12, Personality Disorders).
	Clark, L. A. (2009). Stability and change in personality disorder. <i>Current</i>
	Directions in Psychological Science, 18(1), 27-31.
	Week 6/7:
ADDITIONAL	
READINGS	Barlow & Durand (Chapter 13, Schizophrenia and other psychotic disorders).
	Give particular attention to pp. 471-477, "Clinical description and
	symptoms" and pp. 481-490 "Prevalence and causes of schizophrenia"
	Chadwick, P., & Birchwood, M. (1994). The omnipotence of voices: A cognitive
	approach to auditory hallucinations. The British Journal of Psychiatry, 164,
	190-201.
	Week 8:
	Barlow & Durand (Chapter 7, Mood disorders and suicide).
	Week 11:
	Barlow & Durand (Chapter 14, Neurodevelopmental disorders and pp.455-460
	on Conduct Disorder).
	Patterson, G. R., Dishion, T. J., & Bank, L. (1984). Family interaction: A
	process model of deviance training. Aggressive Behavior, 10, 253-267.
	You should be aware of policies regarding your behaviour at the university.
	Familiarize yourself with the following: https://student.unsw.edu.au/conduct
RECOMMENDED	https://student.unsw.edu.au/plagiarism
INTERNET SITES	https://it.unsw.edu.au/staff/policies/index.html
	https://www.gs.unsw.edu.au/policy/documents/antiracismpolicy.pdf
	https://www.gs.unsw.edu.au/policy/documents/equitystatement.pdf

# 12. Course Evaluation & Development

Courses are periodically reviewed and students' feedback is used to improve them. Feedback is gathered using various means including UNSW's myExperience digital survey.

# 13. Plagiarism & Academic Integrity

# What is plagiarism?

Plagiarism is presenting someone else's thoughts or work as your own. It can take many forms, from not having appropriate academic referencing to deliberate cheating.

UNSW groups plagiarism into the following categories:

- **Copying:** using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This also applies to images, art and design projects, as well as presentations where someone presents another's ideas or words without credit.
- Inappropriate paraphrasing: changing a few words and phrases while mostly retaining the original structure and information without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit. It also applies to piecing together quotes and paraphrases into a new whole, without referencing and a student's own analysis to bring the material together.
- Collusion: working with others but passing off the work as a person's individual work. Collusion
  also includes providing your work to another student before the due date, or for the purpose of
  them plagiarising at any time, paying another person to perform an academic task, stealing or
  acquiring another person's academic work and copying it, offering to complete another person's
  work or seeking payment for completing academic work.
- **Duplication:** submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

### Where can I find out more information?

In many cases plagiarism is the result of inexperience about academic conventions. The University has resources and information to assist you to avoid plagiarism. The first place you can look is the section about referencing and plagiarism in each Course Guide, as this will also include information specific to the discipline the course is from. There are also other sources of assistance at UNSW:

# . How can the Learning Centre help me?

The Learning Centre assists students with understanding academic integrity and how to not plagiarise. Information is available on their website: <a href="http://www.lc.unsw.edu.au/academic-integrity-plagiarism">http://www.lc.unsw.edu.au/academic-integrity-plagiarism</a>. They also hold workshops and can help students one-on-one.

# How can Elise help me?

ELISE (Enabling Library & Information Skills for Everyone) is an online tutorial to help you understand how to find and use information for your assignments or research. It will help you to search databases, identify good quality information and write assignments. It will also help you understand plagiarism and how to avoid it. All undergraduate students have to review the ELISE tutorial in their first semester and complete the quiz, but any student can review it to improve their knowledge: <a href="http://subjectguides.library.unsw.edu.au/elise">http://subjectguides.library.unsw.edu.au/elise</a>.

### What is Turnitin?

Turnitin is a checking database which reviews your work and compares it to an international collection of books, journals, Internet pages and other student's assignments. The database checks referencing and whether you have copied something from another student, resource, or off the Internet. Sometimes students submit their work into Turnitin when they hand it in, but academics can also use it to check a student's work when they are marking it. You can find out more about Turnitin here: https://teaching.unsw.edu.au/elearning.

# What if plagiarism is found in my work?

If plagiarism is found in your work when you are in first year, your lecturer will offer you assistance to improve your academic skills. They may ask you to look at some online resources, attend the Learning Centre, or sometimes resubmit your work with the problem fixed. However more serious instances in first year, such as stealing another student's work or paying someone to do your work, may be investigated under the Student Misconduct Procedures.

Repeated plagiarism (even in first year), plagiarism after first year, or serious instances, may also be investigated under the Student Misconduct Procedures. The penalties under the procedures can include a reduction in marks, failing a course or for the most serious matters (like plagiarism in a honours thesis) even suspension from the university. The Student Misconduct Procedures are available here

https://www.gs.unsw.edu.au/policy/documents/studentmisconductprocedures.pdf

## **Examples of plagiarism**

# Using the internet appropriately

A first year student handed in an assignment where she had copied from a website. Her lecturer realised she didn't understand you have to reference websites in the same way you reference books and journal articles. The lecturer explained how to reference and sent her to a workshop at the Learning Centre to help her improve her skills.

# Working together on a math assignment

A group of Mathematics students worked together on an assignment when they had been told this was not allowed. All questions where the students had worked together were given zero, and this lead to some student failing the assessment.

# No referencing in an assessment

A third year student submitted a major assessment that included material from a journal article published in Canada. When his essay was submitted into Turnitin, it let the academic know that the student didn't reference the material. The student was given zero for the essay, and because it was worth 50 per cent he failed the course.

# Copying design work

A final year design student used images of someone else's designs in her work and he said the designs were his own. The matter was formally investigated by his Faculty and he was found to have committed academic misconduct and failed the course.

## Further information and assistance

If you would like further information or assistance with avoiding plagiarism, you can contact the Learning Centre. The Learning Centre at The University of New South Wales has two locations:

# **UNSW Learning Centre**

Lower Ground Floor, North Wing, Chancellery Building (C22 Kensington Campus – near Student Central)

http://www.lc.unsw.edu.au/

Phone: 9385 2060

Email: <u>learningcentre@unsw.edu.au</u>

**Opening Hours:** 

Monday to Thursday: 9am - 5pm and

Friday: 9am - 2.30pm

**COFA Campus Learning Centre** 

Email: cofalearningcentre@unsw.edu.au

Phone: 9385 0739

# 14. Administrative Matters

The School of Psychology Student Guide, available on <a href="http://www.psy.unsw.edu.au/current-students/student-guide">http://www.psy.unsw.edu.au/current-students/student-guide</a>, contains School policies and procedures relevant for all students enrolled in undergraduate or Masters psychology courses, such as:

- Attendance requirements;
- · Assignment submissions and returns;
- Assessments;
- Special consideration in the event of illness or misadventure;
- Student Code of Conduct;
- Student complaints and grievances;
- Student Equity and Disability Unit; and
- Occupational Health & Safety.

Students should familiarise themselves with the information contained in this Guide.