



## Effect of a new contact lens disinfecting solution of contact lens discomfort

Researchers at UNSW are seeking participants to learn about changes that might occur when using new contact lens cleaning solutions.

### Would the research study be a good fit for me?

- Aged over 18 years of age.
- Experienced soft contact lens wearers who have worn lenses for six months or more, at least four times a week, and for a minimum of six hours per day.
- Having the symptoms of dry eye when wearing contact lenses
- Willing to sign informed consent and comply with study schedule.
- Corrected normal vision, defined as minimum of 20/40 in each eye.
- Willing to wear lenses a minimum of 6 hours per day at least 5 days per week and to not use any rewetting eye drops for the duration of the study (12 weeks).
- Have not had any ocular and systemic disease and history of eye trauma and eye surgery (chalazion excision, oculoplastic surgery)
- Have not severe insufficiency of lacrimal secretion (Dry eye).
- Are not pregnant or planning to become pregnant or breastfeeding during the study.
- Currently not using any ocular or systemic medications, including antihistamines.

### What would happen if I took part in the research study?

If you decide to take part and eligible for the study, you will be asked to complete following:

- Attend four clinical visits every four weeks with a maximum of 90 minutes for first visit and 60 min for subsequent visits. Visit 1 (Day 0), Visit 2 (Day 28), Visit 3 (Day 56), Visit 4 (Day 84 days)
- Provided with four-week replacement contact lenses to be worn during the day for 12 weeks and contact lens disinfectant.
- Advised to wear contact lenses for a minimum of 6 hours per day at least 5 days per week for 12 weeks.

### Will I be paid to take part in the research study?

You will be reimbursed with a \$ 20 Coles Myer gift card at the end of each for visits to compensate for your time and travel cost associated with participating in the study.

Please contact the following person via email or phone to register your interest in taking part in the research:

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|------------------|--|
| <b>Name</b>      | <a href="#">Motohiro Itoi</a>                              |
| <b>Position</b>  | <a href="#">Project manager</a>                            |
| <b>Telephone</b> | <a href="#">+61423634371</a>                               |
| <b>Email</b>     | <a href="mailto:m.itoi@unsw.edu.au">m.itoi@unsw.edu.au</a> |

If you have questions about the research and would like to contact the Chief Investigator, Please contact the following person.

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|------------------|--|
| <b>Name</b>      | <a href="#">Mark Willcox</a>                                     |
| <b>Position</b>  | <a href="#">Professor and Research Director</a>                  |
| <b>Telephone</b> | <a href="#">+61290655394</a>                                     |
| <b>Email</b>     | <a href="mailto:m.willcox@unsw.edu.au">m.willcox@unsw.edu.au</a> |